

# St Francis Xavier Primary School



## Newsletter

Tuesday 26<sup>th</sup> April 2022  
Term 2 Week 1

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### 2022 Key Dates

#### Term 2

Tuesday 26<sup>th</sup> April to  
Thursday 23<sup>rd</sup> June  
= 9 Weeks

#### Term 2 Week 1

#### Monday 25<sup>th</sup> April

Public Holiday – ANZAC Day

#### Tuesday 26<sup>th</sup> April

First Day of Term 2 for  
children

#### Thursday 28<sup>th</sup> April

Ballarat Catholic PS - Cross  
Country

#### Friday 29<sup>th</sup> April

Casual Dress Day  
Class Assembly – 3 ND  
Mother's Day Celebration

#### Term 2 Week 2

#### Tuesday 3<sup>rd</sup> May

Student Led Conferences -  
Day 1  
Mother's and Special  
Friends Day Stall – F to Year  
3

#### Wednesday 4<sup>th</sup> May

Student Led Conferences -  
Day 2  
Mother's and Special  
Friends Day Stall – Year 4 to  
6

#### Thursday 5<sup>th</sup> May

Friends Day Stall – Catch

#### Friday 6<sup>th</sup> May

Student Free Day

#### Term 2 Week 3

#### Tuesday 10<sup>th</sup> May

2022 NAPLAN

### *In the Land of the Wadawurrung People*

Dear Parents and Families,

Welcome back one and all to our new school term. Hopefully everyone had a restful break and enjoyed getting out of the routines that school life brings upon us. The start of second term is always an exciting one in my eyes as all the preliminary work in getting to know children, completing testing etc. has happened and now is the opportunity to really make inroads into our relationships and particularly our learning. Today we **welcome Leah Hanrahan and Emma McGrath** as they begin work with us as Learning Support Officers!

### ANZAC Day

Yesterday was **ANZAC Day**. ANZAC Day goes beyond the anniversary of the landing on Gallipoli in 1915. It is the day on which we remember Australians who served and died in all wars, conflicts, and peacekeeping operations. The spirit of Anzac, with its human qualities of courage, mateship, and sacrifice, continues to have meaning and relevance for our sense of national identity.



### **Anzac Day Prayer**

*Lord our God,*

*boundless provider, source of peace that the world cannot give,*

*Kindly hear our constant prayer for those who bore witness to your own fidelity by giving their lives for those they loved.*

*Resurrect them in our true homeland and perfect that peace for which they longed and died.*

*Amen*

### School Closure Days

Please note that in Term 2 we have set aside two days as a School Closure Days for Staff Professional Development.

- **Friday 6<sup>th</sup> May** School will be closed for a **ReLATE** Staff Professional Development Day
- **Friday 24<sup>th</sup> June** School will be closed **Reading** a Staff Professional Development Day

*Through the mission of Jesus within the Mercy tradition, we are called to action in pursuing fullness of life for all.*

**Wednesday 11<sup>th</sup> May**  
2022 NAPLAN  
Student Led Conferences -  
Day 3

**Tuesday 12<sup>th</sup> May**  
2022 NAPLAN

**Friday 13<sup>th</sup> May**  
Class Assembly – 2PB

**Term 2 Week 4**

**Tuesday 17<sup>th</sup> May**  
Year 6 Urban Camp

**Friday 20<sup>th</sup> May**  
Class Assembly – 1 SM

**Term 2 Week 5**

**Wednesday 25<sup>th</sup> May**  
Netball and Soccer - Division  
Tournament

**Thursday 26<sup>th</sup> May**  
District AFL Football  
Tournament

**Friday 27<sup>th</sup> May**  
Casual Dress Day  
SFX Athletics Carnival -  
Llanberris Reserve  
Class Assembly – F EH

**Term 2 Week 6**

**Friday 3<sup>rd</sup> June**  
Class Assembly – 6 JF

**Term 2 Week 7**

**Tuesday 7<sup>th</sup> June**  
P & F Meeting

**Wednesday 8<sup>th</sup> June**  
Year 5 - 2022 Secondary  
Education Experience Day  
(SEED)

**Thursday 9<sup>th</sup> June**  
Year 3 Camp – Sunnystones

**Friday 10<sup>th</sup> June**  
Year 3 Camp - Sunnystones  
Class Assembly – 5 MA

**Term 2 Week 8**

**Monday 13<sup>th</sup> June**  
Public Holiday – Queen's  
Birthday

**Tuesday 14<sup>th</sup> June**  
Year 2 Camp - Log Cabin  
Camp Creswick

**School Uniform:**

The reason for our school uniform is to ensure that our children are identified as students who belong to the community of St. Francis Xavier. When some students continually ignore aspects of the uniform policy, this causes resentment and disharmony for other students and families. I ask parents to be encouraging and supportive in your role so that the school uniform is respected and adhered to and that there is a strong level of equality and fairness in the management of the uniform protocol.

- Full winter uniform may be worn from Day 1 of Term 2.
- For the first 2 weeks of Term 2 we will be in a transition phase for Uniform. Children are permitted to be in either Summer or Winter Uniform.
- From **Monday 9<sup>th</sup> May** (Week 3) all children are expected to be in Winter Uniform.

**Mother's and Special Friend's Day**

Mother's and Special Friend's Day is back at St. Francis Xavier in 2022. Our celebrations will be held a week earlier due to a planned Student Free Day in Week 2.

**When:** Friday 29<sup>th</sup> April 2022 (Term 2 Week 1)

- 11:45am Shared Picnic Lunch
- 12:15pm Mother's and Special Friend's Day Prayer
- 12:45pm Play Time with Mother's and Special Friends
- 1:15pm Cuppa and Sweet Treats in the Gymnasium

**Where:** St. Francis Xavier Primary School - 100 Fortune Street, Ballarat East

We request that only one Mum or special person from each family attend. We will hopefully once again be able to have our Grandparents Day celebration later in the year.

**Please Note:** As the Mother's Day Celebration picnic coincides with Hot Lunches mums or special friends may like to order additional items with their children's hot lunches (via Flexischools) for themselves.

**Mother's and Special Friends Day Stall**

The P & F Mother's and Special Friends Day stall will be held on the Tuesday 3<sup>rd</sup> and Wednesday 4<sup>th</sup> May in the gym during first break.

- Tuesday 3<sup>rd</sup> May: Foundation, Years One, Two & Three
- Wednesday 4<sup>th</sup> May: Years Four, Five & Six

Children are invited to purchase a gift for their Mother or Special Friend for \$2.00, \$3.00 or \$5.00. (Maximum \$5 per child)

For those children who may have missed out on purchasing a gift on the first two days, the stall will be available Thursday morning before school, in the undercover area. We emphasise that this is not compulsory, it is just an opportunity for those children who wish to buy something for their Mother or Special Friend.



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## NEW DATES: Open Day and School Alive Tours – Term 2

**Wednesday 15<sup>th</sup> June**  
Year 2 Camp - Log Cabin  
Camp Creswick

**Friday 17<sup>th</sup> June**  
Casual Dress Day  
Class Assembly – 4AH

### Term 2 Week 9

**Thursday 23<sup>rd</sup> June**  
Last Day of term 2 for  
Students

**Friday 24<sup>th</sup> June**  
Student Free Day

Due to popular demand we will be running 2 additional Open Days and School Alive Tours early in Term 2.

Open Days and School Alive Tours will be held at:

1. 5:00pm on **Tuesday 3<sup>rd</sup> May 2022**
2. 6:00pm on **Wednesday 11<sup>th</sup> May 2022**



To register your attendance at an Open Day and School Alive Tour please click on the "Book a Tour" link : <http://www.sfxballarat.catholic.edu.au/enrol/open-days/>

Come chat to our staff and children as they show you around our school. We can show you why we are a school of choice for many of our happy families and children!

**This is a great chance for parents who haven't made it to an Open Day or wish to have another look around after hours!**

**Please note that Foundation Enrolments for 2023 close on Friday 27<sup>th</sup> May 2022.**

**Term 3**  
Monday 11<sup>th</sup> July to Friday  
16<sup>th</sup> September  
= 10 Weeks

### Term 3 Week 1

**Friday 15<sup>th</sup> July**  
Class Assembly – 3 BL

### Term 3 Week 2

**Friday 22<sup>nd</sup> July**  
Class Assembly – 2 GH

### Term 3 Week 3

**Friday 29<sup>th</sup> July**  
Class Assembly – 1 GJ

### Term 3 Week 4

**Friday 5<sup>th</sup> August**  
Class Assembly – F TW

### Term 3 Week 5

**Friday 12<sup>th</sup> August**  
Student Free Day

### Term 3 Week 6

**Friday 19<sup>th</sup> August**  
Class Assembly – 6 ZA

### Term 3 Week 7

**Friday 26<sup>th</sup> August**  
Class Assembly – 5 OH

### Term 3 Week 8

**Friday 2<sup>nd</sup> September**  
Father's Day Celebration

### Student - Led Conferences at SFX

Your child(ren) will be showcasing their schoolwork and discussing learning goals with you through Student-Led Conferences. During Student – Led Conferences, your children will lead the discussion with you about their school work, while teachers will help direct conversation and answer questions you may have.

These conferences are scheduled for Week 2 & 3 next term, on the following dates:

1. **Tuesday 3<sup>rd</sup> May 2022**
2. **Wednesday 4<sup>th</sup> May 2022**
3. **Wednesday 11<sup>th</sup> May 2022**

These meetings will last for 20 minutes, and we encourage all families to attend. Children must attend these meetings!

We have several goals for holding conferences using this format:

- **For parents** – we hope that you will get to see rather than simply being told about your child's progress.
- **For students** – we hope students will take more responsibility for their learning.
- **For teachers** – we want teachers to have more meaningful and impactful conferences with you.
- **For all** – we want to maximize our time together, create ways to partner with one another to support student success.

### Questions to ask your child at Student - Led Conferences.

Here are some questions for you to ask your child during their Student – Led Conference. These are suggestions, so please look them over and pick a few that you would like to ask!

1. **What are you most proud of?**
2. **It makes me proud to see that ....**



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### Term 3 Week 9

Friday 9<sup>th</sup> September  
Class Assembly – 4 CP

### Term 3 Week 10

Friday 9<sup>th</sup> September  
Class Assembly – 3 JV

3. Can you tell me more about ...?
4. I can tell that you improved in ....
5. What did you find challenging this term?
6. Did you reach your goals? Why/Why not?
7. What can we do together at home to support your learning?

*The purpose of these meetings is to celebrate, affirm the children's learning and promote Student Voice. Parents and teachers will be able to ask questions of the children during these meetings in regards to their achievements, challenges, effort, behaviour, goals and next steps in their learning. We are certain that these conversations can happen with the child present with our teachers up-skilling the children to lead these conferences with confidence.*

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### Term 4

Monday 3<sup>rd</sup> October to  
Friday 16<sup>th</sup> December  
= 11 Weeks

### Term 4 Week 1

Monday 3<sup>rd</sup> October 2022  
First Day of Term 4 for  
Students

Friday 7<sup>th</sup> October  
Class Assembly – 2 CJ

### Term 4 Week 2

Friday 14<sup>th</sup> October  
Class Assembly – 1 EM

### Term 4 Week 3

Friday 21<sup>st</sup> October  
Class Assembly – F JS

### Term 4 Week 4

Friday 28<sup>th</sup> October  
Casual Dress Day  
Class Assembly – F MM

### Term 4 Week 5

Monday 31<sup>st</sup> October  
Student Free Day

Tuesday 1<sup>st</sup> November  
Public Holiday – Melbourne  
Cup

### Term 4 Week 6

### Term 4 Week 7

### Term 4 Week 8

Friday 25<sup>th</sup> November  
Casual Dress Day

### Term 4 Week 9

Friday 2<sup>nd</sup> December  
St. Francis Xavier Feast Day

*We have deliberately formed them as Student – Led and not 3 – Way Conferences. In response to the recommendations of our 2016 School Review we have developed a Strategic Educational Plan with the support and approval of the School Board and targeted promoting Student Voice across the school. Highly Effective Catholic Primary Schools promote Student Voice. Student – Led Conferences are identified as a significant way of developing Student Voice and all the latest research and evidence around Assessment as Learning supports this. If a parent needs to have a conversation with the teacher not in the presence of the child in regards to other matters, this needs to take place at another time. Contact can be made with the class teacher requesting further time if needed.*

### Student Led Conferences can be booked online using PAM

**Please note:** that PAM will be used for booking Student Led Conferences with instruction included below.

PAM will open on Wednesday 30<sup>th</sup> March at 9:00am for you to log in a conference time. You can logon yourself and choose your preferred time or alternatively contact the office and we can do this for you. The allocated time is 20 mins per conference.

### Student - Led Conferences on PAM - Booking Instructions for Parents

1. Log into PAM using your Username and Password

PAM can be accessed via the schools

homepage: <http://www.sfxballarat.catholic.edu.au/news-events/parent-access-module/> or by going directly to the PAM site <https://pam.sfxballarat.catholic.edu.au/Login/Default.aspx>

2. Click on Parent Teacher Interviews
3. Select student
4. Select Core Group
5. Select Teacher (If your child's class has 2 teachers, only one teacher has the times available.)
6. Select your time
7. Click Book Interview
  - The interview times will be displayed underneath your booking window. If you need to alter your child's interview time please click on the blue pen box and alter your time.
  - If the interview time you have made does not suit and you wish to delete the time, please click on the red cross box
  - There is an option to print your interview booking times by clicking the blue printer icon.

Please do not hesitate to contact the office on 5331 6311 should you have any queries or concerns

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### Term 4 Week 10

Friday 9<sup>th</sup> December  
Foundation Nativity

### Term 4 Week 11

Friday 16<sup>th</sup> December  
Last Day of Term 4 for  
Students

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All other Calendar Dates for  
2023 have been updated  
and can be accessed live on  
the Skoolbag App or by  
visiting the School Website

### Parent's Car Park – Traffic Movement

The management of traffic flow at the beginning and end of the day is always a concern. We are fortunate that there is very little non-school traffic in the mix at these times. If the road signage and markings are adhered to with a good level of patience a safe environment can be maintained.

**We remind drivers to pull off to the left around the trees where the buses travel and U-turn to return down Fortune Street rather than cross directly across the traffic.**

### Continued Arrangements for End of the School Day Pick-Up

Please note that modified arrangements for End of the School Day Pick – Up will continue in Term 2.

We are also currently working with the Ballarat Council, our School Board and Catholic Education Ballarat on a safe solution to our parking and traffic issue.

Please see the table below for changed pick up arrangements that continue today.

	3:00pm – 3:10pm	3:10:pm – 3:20pm	3:20pm onwards
	Children with Surnames beginning...		
<b>Week 1 to Week 3</b> Monday 25 <sup>th</sup> April to Friday 13 <sup>th</sup> May	H - P	Q - Z	A - G
<b>Week 4 to Week 6</b> Monday 16 <sup>th</sup> May to Friday 3 <sup>rd</sup> June	A - G	H - P	Q - Z
<b>Week 7 to Week 9</b> Monday 6 <sup>th</sup> June to Thursday 23 <sup>rd</sup> June	Q - Z	A - G	H - P

### Lost Property

There is a quite a lot of clothing in the Lost Property area left over from last term. Any items remaining at the end of this week will be donated to St. Vincent de Paul.

## School Assembly Dates 2022

Due to the Specialist Timetable running from Monday to Thursday our School Assemblies will continue on Fridays in 2022 from 12:40pm to 1:10pm

Please see list below. This has also been updated on the school calendar for your perusal.

Week	Term 1	Term 2	Term 3	Term 4
1		Year 3 ND (9:30am) 29.04.22	Year 3 BL 15.07.22	Year 3 JV 07.10.22
2		Student Free Day	Year 2 GH 22.07.22	Year 2 CJ 14.10.22
3		Year 2 PB 13.05.22	Year 1 GJ 29.07.22	Year 1 EM 21.10.22
4		Year 1 SM 20.05.22	Foundation TW 05.08.22	Foundation MM 28.10.22
5		Foundation EH 27.05.22	Student Free Day	
6		Year 6 JF (9:30am) 03.06.22	Year 6 ZA 19.08.22	
7		Year 5 MA 10.06.22	Year 5 OH 26.08.22	
8		Year 4 AH 17.06.22	Father's Day Liturgy	
9	Year 6 CC 25.03.22	Student Free Day	Year 4 CP 09.09.22	St Francis Xavier Feast Day
10	Year 5 MH 01.04.22		Foundation JS 16.09.22	Foundation (Nativity)
11	Year 4 BW 08.04.22			

## Term 2 COVID Safe Measures at St. Francis Xavier

There are some important changes to COVID Safe measures for schools that will apply from the start of Term 2.

### 1. Face masks

From 11:59 pm Friday 22<sup>nd</sup> April, face masks, while recommended, are not required in any school setting. This means children in Year 3 to 6, staff and visitors in primary schools are no longer required to wear face masks. Any student or staff member who wishes to wear a mask may do so, including those who are medically at-risk.

### 2. Rapid antigen test screening requirements

Students who have tested positive for COVID-19, and have completed their 7-day isolation period, now do not need to undertake rapid antigen test (RAT) screening for 12 weeks after their release from isolation. This was previously 8 weeks.

### 3. Household contacts

Students who are household contacts of a COVID-19 case are not required to quarantine. They may return to school as long as they undertake rapid antigen tests (RAT) 5 times during their 7-day period. They are required to notify the school that they are a household contact.

Students aged 8 years and above who are household contacts are required to wear face masks when indoors at school unless they have a valid exemption.

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If a student household contact returns a positive RAT result, they must isolate for 7 days.

**4. Vaccination requirements for visitors to schools**

Parents, carers and other adult visitors (not performing work) are no longer required to show evidence of two doses of COVID-19 vaccine.

**5. RAT screening program reminder**

RATs will continue to be supplied for the first 4 weeks of Term 2 to support the early detection of COVID-19 in our school.

The testing recommendations will remain the same this Term for students and staff with:

- children and staff encouraged to test twice a week; every Sunday and Tuesday evening or Wednesday morning

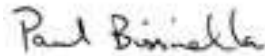
As we approach winter and flu season, the vaccination of children aged 5 to 11 and booster shots for students 16+ remains the best way to ensure protection for students and staff.

If you have any concerns about getting your child vaccinated, please get in contact with your GP or another health professional who can answer your questions.

Thank you for your ongoing support in keeping our school safe.

Have a great week!

Yours sincerely,



Paul Bissinella  
**Principal**

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**Catherine McAuley**

*Now and again bestow some praise.*

*Letter to Elizabeth Moore December 1838*



**Reconciliation Action Plan - FEEDBACK NEEDED.**

Recently our staff developed a Vision for Reconciliation, as part of our social justice initiatives at St Francis Xavier.

We would love to hear what others think about our Vision. Please open this link to read our draft and share your opinions and ideas. [Link to Vision for Reconciliation Draft 1 Feedback.](#)

**Celebrating Mothers and Special Friends Day with Us**

Please check the information from the principal regarding ordering lunches for this event.

**Sacramental News**

We have received information from the St Alipius Parish Sacramental Team to pass on to you, regarding Confirmation for Year 3 students or those in Years 4, 5 or 6 who have missed out on the sacrament. Please click this link to enrol your child and find out more about: [Link to Enrolment Letter](#)

Please don't hesitate to contact the parish if you have any questions.

Please direct all sacrament inquiries and requests to Bronwyn Ballesty in the parish office on 53326611 or via email on ballarateast@ballarat.catholic.org.au . The office is staffed Tuesday, Thursday, Friday between 9:30am and 1:30pm.

**BAPTISM**

*If your child has been baptised since he/she started at St Francis Xavier Primary School, make sure you have informed us and you have sent a copy of the Baptism certificate to the school office.*

*If you are seeking Baptism for your child, please call the St Alipius parish office on 53326611. If you wish your child to convert to Catholicism from another Christian faith, also call the parish office.*

Bernadette Luckman  
Religious Education Leader

St Alipius Parish, Ballarat East & Buninyong  
Sacramental Programs 2022  
As parents/ guardians we invite you to enrol your BAPTISED CATHOLIC child into the Family Based, Parish Coordinated and Parish School supported Sacramental Program for 2022.

**CONFIRMATION**

**Term Two  
Confirmation**

For children who are BAPTISED who would like to be CONFIRMED and are in Year 3.

**Parent Information Night/ First Session**

St Alipius Church  
Wednesday May 11<sup>th</sup> 2022  
7.00pm

**Session Times**

Wednesday	May 11	7.00 pm
Weekend of	May 21/22	6.00pm – 10.30am
Weekend of	May 28/29	6.00pm – 10.30am
Wednesday	June 1	7.00 pm

**CELEBRATION DATES**

June	Wednesday 15 <sup>th</sup>	6.00pm (St. Alipius)
	Thursday 16 <sup>th</sup>	6.00pm (Ss. Peter & Paul)

**Please Note:**

Session One is included in the Parent Information Night.  
Children will be required to attend.



## SECOND SUNDAY OF EASTER YEAR C

### Gospel

*Jn 20:19-31*

A reading from the holy Gospel according to John

*After eight days Jesus came in and stood among them.*

In the evening of that same day, the first day of the week, the doors were closed in the room where the disciples were, for fear of the Jews. Jesus came and stood among them. He said to them, 'Peace be with you,' and showed them his hands and his side. The disciples were filled with joy when they saw the Lord, and he said to them again, 'Peace be with you.'

'As the Father sent me, so am I sending you.'

After saying this he breathed on them and said:

'Receive the Holy Spirit. For those whose sins you forgive, they are forgiven; for those whose sins you retain, they are retained.'

Thomas, called the Twin, who was one of the Twelve, was not with them when Jesus came. When the disciples said, 'We have seen the Lord', he answered, 'Unless I see the holes that the nails made in his hands and can put my finger into the holes they made, and unless I can put my hand into his side, I refuse to believe.' Eight days later the disciples were in the house again and Thomas was with them. The doors were closed, but Jesus came in and stood among them. 'Peace be with you' he said. Then he spoke to Thomas, 'Put your finger here; look, here are my hands. Give me your hand; put it into my side. Doubt no longer but believe.' Thomas replied, 'My Lord and my God!' Jesus said to him:

'You believe because you can see me. Happy are those who have not seen and yet believe.'

There were many other signs that Jesus worked and the disciples saw, but they are not recorded in this book. These are recorded so that you may believe that Jesus is the Christ, the Son of God, and that believing this you may have life through his name.

### The Gospel of the Lord

#### REFLECTION by Greg Sunter

This passage can be seen as the gospel writer's version of the Pentecost that was previously recorded by the writer of Luke-Acts. As the account of Pentecost in the book of Acts was already in existence, the gospel writer felt no concern about alluding to it in his version of the gospel story. The inclusion of this event in the gospel of John adds a 'completeness' to the gospel text – from the Word with God in chapter 1 through the ministry, death and resurrection of Jesus to this moment of charging his disciples with the task of carrying on his work and breathing on them the Holy Spirit. It seems that the gospel writer wanted to bring the story to its conclusion. The idea of Jesus 'breathing' the Holy Spirit onto the disciples is an interesting one. The Greek word *pneuma* carried two meanings: breath and spirit. So to deliberately breathe on someone was to share one's spirit with them. Jesus gives this act a greater meaning by declaring the spirit to be the Holy Spirit that will empower the disciples for the mission he is entrusting to them.

The disciple Thomas has received a pretty raw deal from history. The phrase, doubting Thomas, has found its way into our everyday language and condemns Thomas as the one who wouldn't take the word of his fellow disciples but wanted to see the Risen Lord himself. However, rather than remembering Thomas for his doubt, we should remember Thomas as the one who makes the extraordinary declaration of faith, 'My Lord and my God!' It is Thomas, alone amongst all those who recognise the greatness of Jesus across the four gospels, who acknowledges Jesus as not just the Messiah, but God.

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### Historical Context – My Lord and my God

By the time the Gospel of John was written – in the last decade of the 1st Century – there were already diverse beliefs about Jesus. As is recorded in the gospels, there were those who regarded Jesus as one of the prophets of Israel; others recognised him as the promised Messiah; others still had come to believe in Jesus the Christ as the incarnation of God. That is certainly the theology expressed in the Gospel of John. Perhaps as a means to further his community's theology and correct other ideas, the gospel writer has Thomas declare, 'My Lord and my God!'

### Scriptural context – Holy Spirit

In the Gospel of John, during the Last Supper discourse, Jesus repeatedly assures his disciples that the Father will provide them with another Advocate to guide them. This advocate (or paraclete) is to be the Holy Spirit. Although 'advocate' carries a certain legal meaning, the gospel writer uses it to mean one who represents the continued presence of Jesus, just as Jesus was the advocate or paraclete of God. In the Holy Spirit that Jesus breathes on the disciples we see the final element of the Trinitarian experience of God: Father, Son and Holy Spirit.

### Have you thought? – Does he mean us?

When Thomas made his declaration of faith, Jesus said, 'You believe because you can see me. Happy (or Blessed) are those who have not seen and yet believe.' (v29) Because this gospel was written 60 years or so after the time of Jesus, there were indeed many who believed but had not ever seen him. The blessing is on all those who believe without the benefit of a physical encounter of Jesus. Whilst the gospel was written as an acknowledgement of those at the end of the 1st Century, it is also a blessing and encouragement for believers of today!

### A beginning point for discussion of this week's Gospel with children:

- Q. Why do you think Thomas was reluctant to believe what his friends told him about the Risen Jesus?
- Q. How might the other disciples have reacted to Thomas' unbelief?
- Q. Despite his earlier demand, why doesn't Thomas touch the wounds of Jesus?
- Q. What does Thomas' experience say to 21st Century Christians?
- Q. How do you respond to disbelief and doubt – within yourself or others?

Greg Sunter has worked in Catholic Education (Brisbane) for many years, most recently as a member of the Religious Education team and Mission and Formation team. He has extensive experience of praying with young people and forming others to lead prayer with young people. He is the author of books on adolescent faith, is a regular speaker at youth and evangelisation conferences, and is a retreat and reflection facilitator and presenter. His areas of interest include religious education, theology, scripture, spirituality, Catholic ethos, prayer, and ministry with young people.

## Curriculum News



### DETAILS about the Book Fair

**Who:** Our wonderful P&F Committee will once again assist with the running of the Book Fair

**Where:** School Gymnasium

**When:**

- Monday 2<sup>nd</sup> May - Before school 8:30 am- 8:50 am and After School 3:00-3:45pm
- Tuesday 3<sup>rd</sup> May - Before school 8:30 am- 8:50 am, After School 3:00- 6:30pm
- Wednesday 4<sup>th</sup> May - Before school 8:30 am- 8:50 am, After School 3:00- 6:30pm
- Thursday 5<sup>th</sup> May - Before school 8:30 am- 8:50 am and After School 3:00-3:45pm



Families are most welcome to visit the Book Fair at these times.

### Colouring in Competition

We are very excited to announce that a colouring/ book report competition will be running alongside the Book Fair. The colouring sheets and Book Report are attached to this week's newsletter and are available for all children who would like to participate. Please return to the front office. The coloured pictures/ book reports will then be used to

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decorate the Gymnasium in preparation for the Book Fair. Prize winners will be announced on Friday 29<sup>th</sup> April during Year 4ND assembly.

Jane Clark

**Deputy Principal - Learning Enhancement**

## **Wellbeing News**



### **Healthy Eating with your Children**

In the lead up to the Easter holidays, nearly every parent I spoke to mentioned how much they were looking forward to having their children at home, to more relaxed mornings and two weeks without having to pack the dreaded lunchboxes!

School time is the time children adopt habits that will last a lifetime, so it's important to help your child gain the habit of a healthy diet. Good nutrition protects the physical health of your child, keeps them motivated and able to concentrate. Higher levels of sustained concentration mean that kids can more readily retain information and therefore learn.

A healthy breakfast is a great start to the day, but children can be fussy and it can be stressful in the morning rush. Keeping a supply of wholegrain cereals, milk, fruit, yoghurt, baked beans, bread and cheese (for example) can be handy for a quick and nutritious breakfast or snack.

Now the dreaded lunchbox! Families are busy so prep what you can the night before- maybe keep some vege sticks from dinner or put some leftovers into a container. Older children can make their own lunches if they are given some support in what to include.

Remember lunchboxes don't need to be instagramable (is that a word?)- just a sandwich or wrap, fruit/veges, a snack and don't forget the water bottle!

As easy as it is, try and resist the temptation of filling your child's lunchbox full of processed food- if there is no other choice your children are more likely to eat the healthy food you've packed!

If you need some inspiration, there are lots of great nutrition sites online and attached to this newsletter are some simple ideas I found from Hearty Little Kitchen.

Christine Meneely  
**Wellbeing Leader**



### **Swimming Program**

Year 6 will participate in a swimming program in Term 2, Year 1 & 3 at the end of Term 3, and Year 2, 4 & 5 at the beginning of Term 4. More details to come soon.

#### **Year 6 Term 2 swimming dates:**

- Friday 13<sup>th</sup> May
- Wednesday 1<sup>st</sup> June
- Friday 3<sup>rd</sup> June
- Friday 10<sup>th</sup> June
- Friday 17<sup>th</sup> June

### **Yr 3 - 6 Athletics Day**

After a long time waiting, we are looking forward to holding our Yr 3 -6 Athletics Day and Llanberris Reserve on Friday 27<sup>th</sup> May (Term 2 Week 5). Mr Down has been and will continue to go through track & field technique development in PE lessons with these classes leading up to the day. More information will come out closer to the day.

The Junior Sports Day (F - Yr 2) will be held later in the year (T4).

### **Cross Country**

The Ballarat Catholic Primary School Cross Country event will take place on Thursday 28<sup>th</sup> April (T2 Wk 1) at Fed Uni. Mr Down is compiling a list of potential students to represent SFX and they will be notified shortly.

### **Catholic and Division Winter Sports**

Previously, we have participated in Catholic Primary School tournaments for the Winter Sports (Netball/Soccer/Football). This year the organisers have changed things up and we will be competing against numerous Ballarat Primary schools straight into the Divisional level.

Selection for these teams will be made early next term.

### **Term 2 dates:**

- Thursday 28<sup>th</sup> April - BCPS Cross Country @ Fed Uni
- Friday 20<sup>th</sup> May - Division Cross Country @ Ballarat High School
- Wednesday 25<sup>th</sup> May - Netball/Soccer Winter Sports @ Llanberris/Morshead Park
- Thursday 26<sup>th</sup> May - Football Winter Sports @ Vic Park
- Friday 27<sup>th</sup> May - Year 3 - 6 Athletics Day @ Llanberris Athletics Reserve
- Monday 30<sup>th</sup> May - Regional Cross Country @ Warrnambool

Have a tremendous week.

Shaun Carroll  
**Sports Co-ordinator**

## Uniform Shop Update

### NEWS from the Uniform Shop:

#### Uniform Shop Sales during Term 2

For the time being and until further notice the Uniform Shop is CLOSED and will only accept orders submitted by completing the attached order form and emailing back to [office@sfxballarat.catholic.edu.au](mailto:office@sfxballarat.catholic.edu.au) or by dropping it into the school office.

Payment can be made by filling out your credit card details on the order form or by cash. Please indicate your preferred payment method on the order form.

#### Price List & Order Form

The price list and order form is downloadable from the schoolbag app.

Orders **with full payment** may be left at the front office. **EFTPOS available**

#### DONATIONS PLEASE

Please check your cupboards for any uniform items you no longer need. Donations of second hand uniforms can be left at the shop with Sam. All donations are appreciated. Thanks.

## Community News

### Term 2 Update from P&F:

We have a very exciting (and busy!) start to Term 2.

The P&F are seeking volunteers for:

1. **Hot Lunches** (\*extra volunteers are required for this Friday) <https://signup.com/go/grKXbMX>
2. **Hot Chocolates** (Mondays from Week 2) <https://signup.com/go/snhcNlf>
3. **Mother's Day Stall** (Week 2) <https://signup.com/go/MywLaPo>
4. **Book Fair** (Week 2) <https://signup.com/go/CMiNLwy>

**Please click on the Sign-up links if you are able to volunteer. As always, thanks for your support!**

- As the **Mother's Day Celebration picnic** coincides with **Hot Lunches** mums or special friends may like to order additional items with their children's hot lunches for themselves.
- **Hot chocolates** will be available to purchase for \$1.50 on Mondays during first break. We are once again grateful for donations from Grounded Pleasures of the chocolate powder and So Soft of the yummy marshmallows.

If anyone is available to lead and coordinate the **Hot Chocolates** this term then please email [sfxpsc@sfxballarat.catholic.edu.au](mailto:sfxpsc@sfxballarat.catholic.edu.au) or contact Ange Staley on 0438 599 996.

Thank you in advance for your support!

Go to our **St. Francis Xavier Facebook** page for more photos:

<https://www.facebook.com/pages/St-Francis-Xavier-Primary-School/273229632859103?ref=hl>

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