



# St Francis Xavier Primary School

## Newsletter

Monday 5<sup>th</sup> June 2023  
Term 2 Week 7

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### Term 2 (9 weeks)

Mon 24<sup>th</sup> April - Fri 23<sup>rd</sup> June

#### Friday 9<sup>th</sup> June

Student free day

#### Monday 12<sup>th</sup> June

King's birthday holiday

#### Tuesday 13<sup>th</sup> June

Year 6 swimming

#### Tues 13<sup>th</sup> & Wed 14<sup>th</sup> June

Year 2 Log Cabin Camp

#### Friday 16<sup>th</sup> June

12.40pm 4BW Assembly

Regional Netball (Colac)

#### 6pm Sat 17<sup>th</sup> and 10.30am

Sun 18<sup>th</sup> June at St Alipius

Year 4 First Eucharist

#### Mon 19<sup>th</sup> – Thurs 22<sup>nd</sup> June

Year 6 swimming

#### Mon 19, Tue 20 & Wed 21

June Yrs 4/5/6 Golf Clinics

#### Mon 19, Tue 20 & Wed 21

June SFX Music Showcases

6pm in Gym

### Term 3 (10 weeks)

Mon 10<sup>th</sup> July - Fri 15<sup>th</sup> Sept

#### Mon 10<sup>th</sup> & Tues 11<sup>th</sup> July

Year 3 Camp

#### Thursday 13<sup>th</sup> July

State Cross Country

#### Friday 14<sup>th</sup> July

9.30am Mass in Gym

12.40pm 2EH Assembly

#### Friday 21<sup>st</sup> July

12.40pm 1MM Assembly

#### Fri 28<sup>th</sup> July

School closure day

#### Friday 4<sup>th</sup> August

12.40pm 5OH Assembly

#### Friday 11<sup>th</sup> August

12.40pm F LH Assembly

#### Friday 18<sup>th</sup> August

12.40pm 6MM Assembly

#### Wednesday 23<sup>rd</sup> August

Division Basketball

#### Friday 25<sup>th</sup> August

Book Week celebrations

### In the Land of the Wadawurrung People

Dear families,

It's a case of "ALL SYSTEMS GO!" this week as we begin to fine-tune our preparations for our Musical Showcase in just two weeks' time. The children are working together to polish their performances so that they can showcase what they have been learning in their performing arts classes. Mr. West has many things to think about as he begins to harness all that positive musical energy for the big event!

Do you remember music lessons when you were at school? I think back with a sense of horror but I am glad to say that I see a vast difference today. Learning together, exploring sound, rhythm and beat are important elements of the music room today with improvisation and creativity all building towards greater understandings of music appreciation. How fortunate our students are.

The upcoming Music Showcase is an important school event looming on the calendar. Over three evenings in the last week of term our students will be able to show you what they are learning. The showcase is a bit different to a school concert in that it won't tell a story. It is an opportunity to perform for you and show you how our skills and talents grow from Foundation to Year 6.

We are certainly looking forward to a terrific Showcase in the coming weeks. Please make sure that you have your evening down in the diary so that you and the family can attend. Our young musicians need our encouragement and I know that you will be impressed with what you see.

God bless,

Mark Hogbin.



**School Closure Day** A reminder that our school will be closed this Friday for teacher professional development. Enjoy an extra long week-end everyone. See you all on Tuesday!



MONDAY JUNE 19	TUESDAY JUNE 20	WEDNESDAY JUNE 21
FMM	FGJ & FLH	FTW
IJS	IEMC	IMM
2CJ	2EH	2GH
3GW	3JVG	3NMC
4BW	4HC	4CP
5OH	5JF	5CC
6ZA	6PB	6MM
GUITAR ENSEMBLE GROUP 1	GUITAR ENSEMBLE GROUP 2	GUITAR ENSEMBLE GROUP 3
ISAAC & HARRY HATT	OLENA VALANCE	MAEVE WALDRON & MITCHELL BONE
EDIE & KARL WALDRON	YEAR 6 BAND	
<b>ALL WELCOME! SFX GYM 6PM</b>		

**Friday 25<sup>th</sup> August**

Ballarat Catholic Primary  
Schools Athletics at  
Llanberris

**Friday 1<sup>st</sup> September**

Fathers' Day celebration

**Tuesday 5<sup>th</sup> September**

Division Athletics @  
Llanberris

**Thursday 7<sup>th</sup> September**

6pm at St Alipius  
Year 3 Confirmation

**Friday 8<sup>th</sup> September**

12.40pm 1JS Assembly

**Mon 11<sup>th</sup> – Fri 15<sup>th</sup> Sept**

Years 1 & 3 swimming

**Term 4 (12 weeks)**

Mon 2<sup>nd</sup> Oct - Wed 20<sup>th</sup> Dec

**Mon 2<sup>nd</sup> – Fri 6<sup>th</sup> October**

Years 2, 4 & 5 swimming

**Friday 6<sup>th</sup> October**

9.30am Mass at St Alipius

**Friday 13<sup>th</sup> October**

12.40pm 5JF Assembly

**Friday 20<sup>th</sup> October**

Grandparents' Day

**Friday 27<sup>th</sup> October**

12.40pm 2CJ Assembly

**Friday 3<sup>rd</sup> November**

12.40pm F MM Assembly

**Friday 10<sup>th</sup> November**

12.40pm 4CP Assembly

**Friday 17<sup>th</sup> November**

12.40pm 3NM Assembly

**Friday 24<sup>th</sup> November**

12.40pm F GJ Assembly

**Friday 1<sup>st</sup> December**

12.40pm 2GH Assembly

St Francis Xavier Feast Day  
celebrations

**Wednesday 6<sup>th</sup> December**

Year 4 Camp

**Monday 18<sup>th</sup> December**

9.30am Mass in the Gym

**Tuesday 19<sup>th</sup> December**

Last 2023 student day

**News from the finance department**

As we approach the mid-point of the school year we aim to be approaching the 50% collection rate for school fees. Fee statements will be sent home over the next week and we ask all families to check to see how you are going with your commitment to the 2023 school fees and levies agreement. If you would like to discuss your school fee arrangement with our Business Manager, please do not hesitate to contact Kerrie in the school office.

**Hot Chocolates!**

Our Hot Chocolate Mondays are proving to be popular as we move into the cooler weather. The children love to sit and have a chat over a hot chocolate in the gym especially if it is a little brisk outside. You can support this great fundraiser by sending along \$1.50 each Monday for your child to enjoy a special treat at school.

**School Uniform Blitz**

We continue our school uniform blitz this week with a focus on jewelry. Our school policy states that the only jewelry permitted is a wristwatch and one pair of gold or silver plain studs or sleepers for pierced ear lobes. If families can have a chat about this at home it will be much easier for us to implement the policy at school. Thanks for showing your support of our school uniform, it has been great to see school socks and appropriate footwear being worn. Well done children!



**Cover-Up Clothing**

It's winter now so it's time to get serious about cover-up clothing for the top oval. Over the winter months we will be asking children who are not wearing cover-up clothing to play on the lower oval. We don't want to do that so let's all do our best to dig out some oval friendly clothing, protect our school uniform and help with the washing loads at home.

**On the move!** The old house at the south west corner of our school is on the move. This building has been empty for some time and is surplus to our needs. In the coming days the students will start to see trucks and workers around the building preparing it to be relocated to its new home. By opening up this corner of the school we will be able to plan ahead for future developments at our school.



**Our AMAZING Staff!**

Did you know that two of our dedicated teachers have been nominated for major awards? It's true!



1) Mr. Dan West has been nominated for a *Music Teacher's ARIA Award* for his dedication to pursuing excellent learning outcomes in the area of music for all students in our school.

2) Mr. Jack Ferguson has been nominated for the *Apples for the Teacher Award* for his dedication to ensuring all students in his class succeed as learners.



Well done to Mr. West and Mr. Ferguson, we are proud of you both! While we can't do anything but wait to hear about Mr. West's award, we can jump online at Power FM and vote for Mr. Ferguson. We can't wait to hear the news!



### Congratulations!

We offer a huge congratulations to Ms. Jayne Bosworth who received the *Fullness of Life Award* at the Catholic Education Week celebrations recently. Jayne is known to many of us as a past staff member of our school and as mum to James in Yr. 3 and past student Tom. Well done Jayne!

Congratulations to Ms. Shelley Ryan who has recently become the new Principal at Siena Catholic School in Lucas. Shelley may be known to many in our school as a past staff member and mum to past students Molly, Matthew, Lily and Isabel. Shelley will commence her new position in fourth term.



**Please find at the end of this newsletter:** Parish Bulletin; Assembly Awards; Do's and don'ts of discipline.

**Trivia Night – Keep this date free** St Alipius Parish are holding a Trivia Night on Friday 4<sup>th</sup> August starting at 7pm. Tickets will be \$10 each. BYO nibbles and drinks. Tea and coffee will be supplied. Tables of up to 8 people. Anyone who may be able to secure a donation or would like to donate a prize for a raffle, can you please call the office and let us know. For further information call the St Alipius Parish office on 5332 6611.

### Religious Education News

**THIS WEEK'S GOSPEL- Sunday June 4, 2023 The Most Holy Trinity (Year A)**

**Gospel:** John 3:16-18

For God loved the world so much that he gave his only Son, so that everyone who believes in him may not die but have eternal life. For God did not send his Son into the world to be its judge, but to be its saviour. Those who believe in the Son are not judged; but those who do not believe have already been judged, because they have not believed in God's only Son. *(Gospel passage taken from Good News Translation)*

**Gospel reflection:** Today we hear that God loved the world so much that he sent Jesus into the world so that we might live life to the fullest.

God loves the world - all the people, plants, animals, birds and earth. God wants us to love the world too. One of the ways we can show that we believe in God is to treat the world that we have been given with love and care.

We are called to show our love for the world and for all the people who live in it, for all the birds, flowers, trees and animals, for everything that God has created- both human and other than human.

We all have a responsibility to look after the world, to love it and care for it.

**Our Challenge:** What will you do to show your love for others and for the world?



Christine Meneely, Religious Education Leader

### Curriculum News



#### Continuing to Strive for Excellence At SFX

Here at SFX we are continually striving to provide quality learning and teaching that promotes excellence and fosters fullness of life for all. We believe in always looking for opportunities to strengthen our current practices to enhance the learning outcomes for our children. As a school, we are currently celebrating how our current Reading Program aligns with evidence-based practices, while also investigating reading strategies to

enhance our current reality. Within this our ultimate goal is to develop engaged readers, who read to learn and love to read.

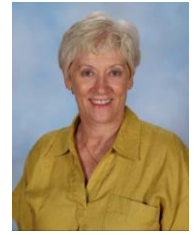
#### Mid-Year Reports

Currently teachers are working hard to moderate your children's work to ensure that their reports are accurate and up to date with where their learning is positioned. I thank them for the energy, thoroughness, sincerity, and professionalism that they bring to their report writing.

*St. Francis Xavier Primary School is a Child Safe School called to action through Gospel values and Mercy tradition. Through the mission of Jesus within the Mercy tradition, we are called to action in pursuing fullness of life for all.*

As communicated to families, St. Francis Xavier Primary School continues its firm commitment to working in partnership with parents to enable our children to achieve their best. Our end of Semester One reports will be available on PAM from Thursday 23rd June.

Enjoy your week.



Jane Clark, **Deputy Principal – Learning Enhancement**

### Wellbeing News

I remember speaking to a trusted friend when my son was little. I was feeling infuriated by his behaviour and my friend replied “Yes- he’s acting like such a 7 year old!”

This comment made me laugh and helped me change my thinking. When we take the time to understand our child’s perspective, problem solving gets easier.

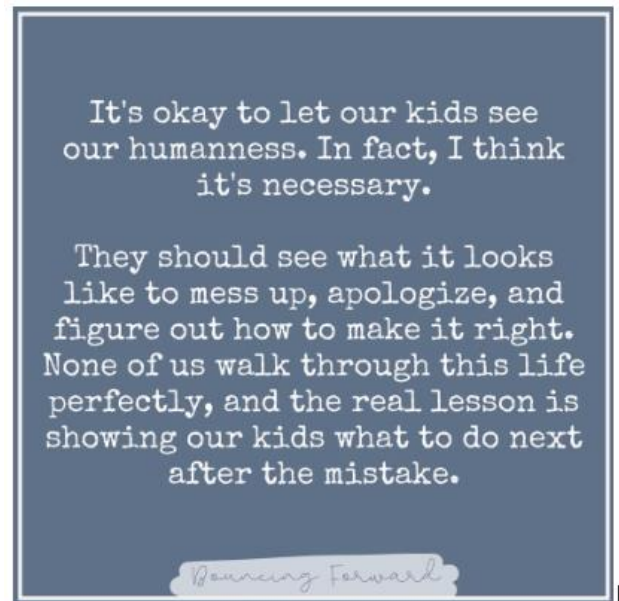
Sometimes we forget that our children are wearing “L” plates while they learn how to do life.

If it takes 5 years before they can tie a shoelace, it will take even longer before they can regulate their emotions and behaviours.

Some adults still struggle. Be patient while they develop.

The attached article by Justin Coulson focuses on discipline as a way of teaching, guiding and instructing our children when they are struggling. I hope it provides some food for thought!

Kind regards,



Christine Meneely, **Wellbeing Leader**

### Sport/Physical Education News

**Regional Cross Country** Well done to the 11 students that ran in last week’s Regional Cross Country Championships in Warrnambool. All runners showed true grit to make their way around the challenging course and all recorded fantastic results. Well done to Archer Spackman and Felicity McGrath who finished in the top 10 in their events and have qualified for the State Finals early next term. Thank you to the families that travelled down to support your child/ren.

**Eureka Division Soccer** Last Friday, SFX had 3 teams participating at the Eureka Division Soccer Tournament. The 2 boys and 1 girls teams played in a Round Robin competition over the course of the day. All teams showed great teamwork and perseverance to come away with some great performances.

A big thank you to Ms Astbury and Mr Canny for coaching and to all of the families that came along to support. A shout out to Nat Campbell for his assistance with the A Boys team, very much appreciated.

#### 2023 Sports Dates

##### Term 2:

- Week 8 - Friday Jun 16th - Regional Netball (Colac)
- Week 9 - Mon/Tue/Wed Jun 19/20/21 - Golf Clinics (Yr 4-6)

##### Term 3:

- Week 1 - Thursday July 13th - State Cross Country
- Week 7 - Wednesday Aug 23rd - Division Basketball
- Week 7 - Friday Aug 25th - Ballarat Catholic Primary Schools Athletics @ Llanberris
- Week 9 - Tuesday Sep 5th - Division Athletics @ Llanberris

**SFX Football Jumpers, Singlets & Netball dresses/bibs** If you have any SFX Football jumpers, singlets or netball dresses/bibs at home could you please return them to either Mr Down or Mr Carroll.



Have a terrific week.

Shaun Carroll, **SFX Sport Coordinator**

## P&F News

### **Term 2 P&F Update:**

**Hot Chocolates** We are once again offering hot chocolates with marshmallows for sale in the gym on Mondays for \$1.50 at first break.

We are again grateful to Inglenook Dairy for the generous donation of their delicious milk, Grounded Pleasures for the hot chocolate and So Soft Marshmallow Co for the yummy marshmallows! We require helpers (sorry no younger siblings due to OH&S) <https://signup.com/go/EQWuAaB>

**Hot Lunches** We are back ordering with Stewart's Bakery as our supplier and are so happy for them they have been able to re open. Orders need to be placed on Flexischools by 10am on Thursday. We are always in need of volunteers. Toddlers and younger siblings are most welcome in the gym.

<https://signup.com/client/invitation2/secure/9916281720121/false#/invitation>

**Second hand uniform shop** If you are wanting to inspect/purchase from the uniform shop, please fill out a slip at the front office and we can organise a time to meet you.



▶ **SS PETER & PAULS**  
701 FISKEN ST  
BUNINYONG 3357



▶ **ST ALIPIUS**  
82 VICTORIA ST  
BALLARAT EAST 3350



▶ **PARISH OFFICE**  
84 VICTORIA ST  
BALLARAT EAST 3350  
PH 5332 6611  
OPEN TUE – FRI  
10.00 AM – 1.00 PM

4 June 2023

The Most Holy Trinity  
*God so loved the world*

# St Alipius parish

[ballarateast@ballarat.catholic.org.au](mailto:ballarateast@ballarat.catholic.org.au)

[www.ballarat.catholic.org.au/parish/ballar-at-east/](http://www.ballarat.catholic.org.au/parish/ballar-at-east/)

## MASS TIMES

### St Alipius

Tues - Sat 9.30 AM in the Parish Hall  
Saturday 9.30 AM, 6.00 PM  
Sunday 9.00 AM (1st, 3rd & 5th)  
10.30 AM (2nd & 4th)

### Ss Peter and Paul's

Sunday 9:00 AM (2<sup>nd</sup> & 4<sup>th</sup>)  
10:30 AM (1<sup>st</sup>, 3<sup>rd</sup> & 5<sup>th</sup>)  
Rosary – Thursday 11:00 AM

### Mass and prayer resources

[www.ballarat.catholic.org.au](http://www.ballarat.catholic.org.au)

Counting team 6 this week – 9:30 AM

## PARISH VISION STATEMENT

THE COMBINED  
COMMUNITIES OF ST ALIPIUS  
PARISH REACH OUT IN THE  
SPIRIT OF FAITH, HOPE,  
LOVE, AND ACCEPTANCE, AS  
GOD CALLS US TO IN THE  
GOSPELS.

## WE PRAY FOR

**Faithfully departed:** Dennis  
Storer

**Anniversaries:** Leo Tuddenham,  
Fr John Readman

**Unwell:** Peter McLachlan, Sarah  
McLachlan, Carole Simmons

*Our parish is committed to all  
children, young people, and  
vulnerable adults' safety, well-  
being, and dignity.*

*We acknowledge this land's  
traditional owners and custodians  
and pay our respects to Elders  
past, present, and emerging.*



### Parish Priest

Fr Jorge Jr De Chavez, OSJ

### Sacramental and Parish Coordinator

Cathy Prunty

### Administrative Assistant

Natalie Shannon

### Parish Pastoral Council Chair

David Morrison

### Finance Officer

Bernadette Prestwood

### Finance Chair

Paul O'Beirne

### Child Safety Officer

Emily Clarke

### Liturgy Coordinator

Jason Fletcher

[www.sapliturgy.net.au](http://www.sapliturgy.net.au)

### Funeral Ministry

Carmel Flynn

[stalipiusfuneral@gmail.com](mailto:stalipiusfuneral@gmail.com)



## FIRST EUCHARIST

This weekend we welcome the 32 children who are joining us to celebrate Eucharist for the first time. We congratulate them on becoming fully initiated into the Catholic Church. The children have been preparing for this sacrament both with their families and in their schools. Please continue to pray for these children.

## PIETY STALL

The piety stall has a range of very affordable cards and gifts for sale. The current display shows items suitable for **First Eucharist**.

During a recent stocktake, many slow-to-move articles were identified. These have been placed on tables near the piety stall and are either free or \$2 each.

UPCOMING EVENTS	
<b>Finance Meeting</b>	5:30 PM, Tuesday 13 June, Presbytery
<b>PPC Meeting</b>	6:30 PM, Thursday 15 June, Presbytery
<b>Buninyong Casserole Night</b>	6:00 PM, Friday 30 June, Ss Peter and Paul's
<b>Parish Trivia Night</b>	7:00 PM, Friday 4 August, St Alipius Hall

## PARISH TRIVIA NIGHT

We are holding a Trivia Night at 7:00 PM on Friday 4 August. Tickets will be \$10 per person with tables of up to 8 people. BYO nibbles and drinks. Tea and coffee will be supplied. Please contact the office if you can secure a donation or would like to donate a prize for the raffle. For further information about the trivia night, please call.

## STEWARDSHIP PROGRAM

Thank you to all parishioners who contribute to our stewardship program. Your generosity is appreciated.

Supporting our parish priests	Collection	\$1,049
Maintenance of parish buildings, office and administration expenses, grounds maintenance etc.	Envelopes	\$418
	Credit cards	\$420
	Direct debits	

## VINNIES BREAD RUN

Each Monday night between the new time of 7:00 and 7:30 PM, Vinnies volunteers can be found in the St. Alipius Church Hall providing bread for those in need. If this would benefit you, or someone you know please call into the hall and bring a bag to put the bread in.

## CASSEROLE NIGHT

To be held at Ss Peter and Paul's in Buninyong at 6:00 PM on Friday 30 June. Please bring casseroles or other food to share. Beer, wine, and soft drinks will be available. \$15 per person. Everyone is welcome.

## NEW EMMAUS BUILDING

Congratulations to the staff and students at Emmaus who gathered to witness the blessing and opening of their Leadership building last Friday. We know that this building will bring much joy and excitement to each of the senior learners at the school. Fr. Jorge had the pleasure of opening and blessing the building and was very impressed by what he saw.



## ACU LITURGY PODCAST

The ACU Centre for Liturgy presents Australia's first liturgy podcast, which features local and international experts exploring a wide range of liturgy-related topics, including thought-provoking discussions on Catholic liturgy, liturgical music, art and architecture, liturgy in Catholic schools, preaching and more. Listen at [www.acu.edu.au/about-acu/institutes-academies-and-centres/acu-centre-for-liturgy/the-liturgy-channel](http://www.acu.edu.au/about-acu/institutes-academies-and-centres/acu-centre-for-liturgy/the-liturgy-channel)

## PRAYING WITH THE POPE

Each month, the Pope puts forward a prayer intention and asks Catholics around the world to join him in prayer. The Pope's intention for June is for **the abolition of torture**: We pray that the international community may commit in a concrete way to ensuring the abolition of torture and guarantee support to victims and their families. Lord, hear us. View 'The Pope Video' – [www.thepopevideo.org](http://www.thepopevideo.org).

### BAPTISMS

**Heidi Mae Liersch**

Child of Rarl and Melissa Liersch

**Wilkie Lou and Elliot Mae Renga**

Children of Joshua and Olivia Renga

*The church gives faith to your children through Baptism, and you have the task to make it grow.*

Pope Francis

## LAY MINISTRY PROGRAM

The Virtual Learning Community for Faith Formation is a new initiative to offer adult religious education and faith formation anytime and anywhere. The online study and formation for employed or volunteer lay workers in parishes is available through the Diocese of Ballarat's partner, Dayton University at a cost of US\$50. There are 39 subjects to choose from. Registrations are open for the next cycle, which begins on 10 July. For more information, visit [www.ballarat.catholic.org.au/services-agencies-2/pastoral/pastoral-ministry/lay-pastoral-ministry-program/](http://www.ballarat.catholic.org.au/services-agencies-2/pastoral/pastoral-ministry/lay-pastoral-ministry-program/), phone 5337 7121 or email [djurdja.klaric@ballarat.catholic.org.au](mailto:djurja.klaric@ballarat.catholic.org.au).

## POST GRADUATE STUDIES

In July 2023, Australian Catholic University's (ACU) Faculty of Theology and Philosophy and the ACU Centre for Liturgy are offering an intensive post-graduate unit in Liturgical Music taught by Professor Clare Johnson and

special guest presenters. *THLS502 Liturgical Music* will be offered as an intensive face-to-face class between 9:00 AM and 5:00 PM on 3–6 July at ACU's Melbourne Campus. Teachers, parish musicians, clergy, diocesan personnel and interested others are most welcome to enrol in this unit as professional learners (no assessment) or as auditors. For further information go to the website [www.acu.edu.au/about-acu/institutes-academies-and-centres/acu-centre-for-liturgy/professional-development](http://www.acu.edu.au/about-acu/institutes-academies-and-centres/acu-centre-for-liturgy/professional-development).

## VINNIES WINTER APPEAL

The St Vincent de Paul Society's annual Winter Appeal will focus on older women experiencing and at risk of homelessness. Appeal envelopes are located at the ends of the pews. People wishing to support the work of SVdP through our local conference can place their donation in an envelope and return it via the collection plate. Donations over \$2 are tax deductible and can be made at [www.vinnies.org.au/nswwinterwarmthappeal](http://www.vinnies.org.au/nswwinterwarmthappeal), at Vinnies shops, or by calling 13 18 12.

## POPE'S PRAYER FOR UKRAINE

I ask you to pray the Our Father for peace in Ukraine, now and throughout this day. Let us ask the Lord that the country may grow in the spirit of brotherhood, and that all hurts, fears, and divisions will be overcome. They are a people who have suffered; they have suffered from hunger, suffered from much brutality and they deserve peace. May the prayers and supplications that today rise up to heaven touch the minds and hearts of world leaders, so that dialogue may prevail and the common good be placed ahead of partisan interests. Please, no more war.

## SCHOLARSHIPS

The St Vincent Pallotti Scholarship Trust offers scholarships to enable lay people to further their understanding and skills in leadership/ministry or a specialised activity, such as promoting faith enhancement, social justice, and pastoral care. Visit [pallottine.org.au/svpscholarship](http://pallottine.org.au/svpscholarship) for more information and application forms. Applications close on 4 August.

## SAVE THE DATE

The annual Knights of the Southern Cross Victoria's Archbishop's Dinner in support of Corpus Christ Seminary will be held at 7:00 PM on Friday, 1 September at Moonee Valley Racecourse. The guest speaker is Corpus Christi College Seminary Rector, Fr. Cameron Forbes. More information is available from [www.facebook.com/profile.php?id=100081831675720](https://www.facebook.com/profile.php?id=100081831675720)



# Reflection on the Gospel

Veronica Lawson RSM

*Pentecost: John 3:16-18*

"In the beginning is not the solitude of a One, of an eternal Being, alone and infinite. Rather, in the beginning is the communion of the three Unique Ones" (Brazilian theologian Leonardo Boff). Trinity Sunday is the day that we set aside to celebrate who God is in Godself and who God is in relation to everything that exists. We celebrate the nearness of the Triune God who draws us as participants into the mystery of life, of communion, of love and of salvation.

Today's gospel passage forms part of Jesus' dialogue with a Pharisee called Nicodemus whom Jesus leads from a basic and fairly literal understanding to new understandings of what it means to be in relationship with God. The need to be "born of the Spirit" is part of the conversation that forms the context for this gospel reading. God is not a distant God, but rather a God of communion, and a God in communion with the world: "God so loved the world...." John uses the term "world" in today's gospel to refer to humanity in need of salvation. Jesus, "God's child", is the one through whom the world is saved.

Trinitarian language pervades John's gospel and is present elsewhere in the Christian scriptures, almost certainly reflecting the incipient belief of the earliest communities that God is one, as Jewish faith asserts, and at the same time three-in-one. This belief was to develop over the subsequent centuries into the doctrine of the Trinity which is at the very heart of Christian faith.

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*The life that is in God is three  
and yet one in a totally  
harmonious union of love.*

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*Perichoresis*, a Greek term suggestive of both permeation and diversity in unity, is one of the earliest and probably one of the most striking metaphors used to explain this Trinitarian life of God. The life that is in God is three and yet one in a totally harmonious union of love. Another early metaphorical explanation was of three unified suns, with their three lights mingled into one light. No one image can capture the mystery of God's dynamic Trinitarian existence. Every image falls short in some respect. Since God is



neither male nor female, it is important to remember that the traditional male language of Father, Son and Spirit is one way of imaging the Trinity and is not to be absolutized or taken as a literal description of God who is three in one.

Trinitarian love casts out hatred and enmity and wanton destruction. It calls us to live in harmony with one another and with the whole of the Earth community. It calls us to examine our tendency to privilege those who look and act like us and who see the world as we do. It calls us to hear the plea of Pope Francis to "enlarge the space of our tents" (Isa 54:2) and walk together in faith and hope and love as we prepare for the October session of the Synod on Synodality.

**THIS WEEK'S READINGS**  
**THE MOST HOLY TRINITY**  
EXODUS 34:4-6, 8-9  
2 CORINTHIANS 13:11-13  
JOHN 3:16-18

**NEXT WEEK'S READINGS**  
**THE MOST HOLY BODY AND BLOOD OF CHRIST**  
DEUTERONOMY 8:2-3, 14-16  
1 CORINTHIANS 10:16-17  
JOHN 6:51-52

**ASSEMBLY AWARDS 2<sup>nd</sup> June 2023 Hosted by F TW** Theme: Hospitality

Hospitality means welcoming other people.

We show hospitality because Jesus teaches us to include everyone and show them they are welcome.

Foundation	F LH: Zephyr Swanson and Amaiyah Moore F GJ: Birdie Toohey & Alfie Waldron	F TW: Spencer Manning & Mayomikun Baruwa F MM: Harriet Walshe & Maya Mookhoek
1 JS	Tex Brown & Freddy Dreher	
1 MM	<b>Hospitality</b> recipients this week: Pippa Bourke & Max Elliot <b>Compassion</b> recipients from last week: Rory Dunne & Lachlan Purtell	
1 EM	Sahesi Kariyawasam and River Fedke	
2 EH	Lola Miles & Keeva Humphries	
2 CJ	Ted Nunn and Daisy Howard	
2 GH	Tara Lloyd and Freddie Lynch	
3 NM	Mollie Arnts & Nellie Cheeseman	
3 JVG	Anna Marson & Bridie Millington	
3 GW	Macklin Smith and Olivia Farrell	
4	4BW: Elly Kane & Isabelle Slater 4CP: Christopher Martin & Harriet Locke	4HC: Nicholas Green & Mia Hamill
5 JF	Hugh Farrell & Pippa Dalton	
5 OH	Charlotte Quarrell & Jessica Youl	
5 CC	Isla-Rose Block and Mila Shillito	
6 PB	Annabella Chalmers and Xavier Kersley	
6 MM	Lola Roney & Logan Warren	
6 ZA	Mia Mahar & Nate Toohey	
Environmental Education	<b>Josie De Lorenzo - 6ZA and Banjo Nicholson - 1EM</b> , for the hospitality they continually demonstrate during E.E. lessons and when out on the yard, helping others, making sure resources are fairly and evenly shared and making others feel welcome. Mother Earth is so lucky to have such amazing carers taking care of her and the natural world!	
Performing Arts	Morgan Morley, Harriet LeGrand, Henry Warr, Jack Lewis, Emily Hanrahan, Monty Harrison - for sharing their musical skills with our community during our assembly.	
Visual Arts	Jagger Van Langevelde, Ned Kersley, Leighton Troon and Charlize Simpson - for being focussed artists and creating masterpieces!	
P.E.	Julian Simpson & Elliana Tocchet for being welcoming and inclusive of everyone.	
Principal's Award	Emma Locke and Laura Bodnar for ensuring that other students feel welcome and accepted in our school Nate Toohey for gently ensuring that younger students feel safe and secure on the bus	

## Do's and don'ts of discipline



Season one of *Parental Guidance*, a reality TV program that aired in November 2021 on Channel Nine, brought several parenting controversies to the fore. One of these was a challenging conversation around discipline.

During the show some parents were aghast when a mum and dad from Newcastle, NSW, disclosed that their discipline included smacking. A couple from South Australia's Barossa Valley divulged the occasional washing of their boys' mouths with soap if they lied or swore. Meanwhile, our "attachment" parents from Melbourne were unwilling to countenance any form of punishment when their children had meltdowns or behaved in an oppositional way.

Discipline is one of the most confusing – and challenging – topics that parents grapple with. Unfortunately we have inherited centuries of unhelpful ideas, and they continue to interfere with what science is showing works best.

### What is discipline?

The first definition of "discipline" in the dictionary is "punishment". But this is a relatively new way of understanding the word. Until a couple of hundred years ago, to be disciplined meant to be shown a way to follow. Discipline literally means to teach, guide, and instruct; or to show the right way.

### Why traditional discipline doesn't work

Most parents think of traditional discipline as punishments to administer to their children when they misbehave. These punishments can take the form of smacking, time out, grounding, withdrawal of privileges, and so on. In the lead up to these punishments, many parents try bribing, threatening, and yelling. Eventually they crack.

While there may be, from time to time, a need for these discipline approaches (that is, for punishment), the reality is that science has shown us there are better ways. When we punish, we teach our kids all the wrong lessons:

- Might is right. If you're big, you can make the little people do what you want
- Power gets you what you want
- Other people's reasons don't matter
- Mistakes are bad

Perhaps most important, punishing our kids makes them more selfish. They sit in their room and hate us and their siblings. They blame others rather than taking responsibility. Traditional discipline ruptures the relationship between parent and child.

Traditional discipline lacks compassion, empathy, understanding, and perspective. It leaves our kids feeling unworthy. The real reason for this is simple: punishment is about making someone pay a price; exacting retribution. Punishment is about hurting others.

## The secret to perfect discipline

Real discipline is not about hurting. Real discipline is about helping. When we teach, guide, and instruct, we show a better way for a child who is struggling. The following ideas will help you get your discipline aligned with the best outcomes:

### Children are people too

Sometimes we forget that children are people. They seem like impediments in our otherwise well-ordered life! But they have feelings, hopes, dreams, and challenges. Seeing them as people helps us to respond to them with kindness, even when they're being challenging.

### Understand Development

We forget that our children are wearing "L" plates while they learn how to do life. They don't quite know how to behave yet. But if it takes 5 years before they can tie a shoelace, it will take even longer before they can regulate emotions and behaviours. Some adults still struggle. Be patient while they develop.

### Don't confuse motivation with ability

We sometimes get mad at our children when they're not playing by the rules. But often it's not because they don't want to be good. It's because they don't know how. They're too tired, they're hungry, they're stressed. Or maybe they're all of the above. We discipline best when we recognise their capability in the context.

### Get curious, not furious

When a child is being challenging it's tempting to explode. It's better to explore. It's tempting to reprimand. It's better to understand. It's tempting to be furious. Instead, get curious. When we take the time to understand their perspective, problem solving gets easier.

As we focus on teaching and guiding our children, the data points to better outcomes in behaviour, both now and in the long term. Kids with parents who practice childrearing in this way are more likely to do well in school, with peers, and make better choices. It's a hard way to parent, but when we invest for the long-term, the results are worth it.

## Dr Justin Coulson presents: Encouraging good behaviour

Our school has a membership with Parenting Ideas. As part of this membership, you can attend the upcoming webinar 'Encouraging good behaviour' at no cost.

**About:** In this webinar, Dr Justin Coulson explores the concept of discipline and how parents can encourage good behaviour in children.

**When:** Wednesday 8 June 2022 8:00pm AEST,

### To redeem

1. Click this link: <https://www.parentingideas.com.au/parent-resources/parent-webinars/webinar-encouraging-good-behaviour>
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7. Click 'Place Order'

This offer is valid until 8 September 2022. If you're unable to make the broadcast time, just register anyway and you will get access to the recording.



### Dr Justin Coulson

Dr Justin Coulson is a dad to 6 daughters. He is the parenting expert and co-host of Channel 9's Parental Guidance, and he and his wife host Australia's #1 podcast for parents and family: The Happy Families podcast. He has written 6 books about families and parenting. For further details visit [www.happyfamilies.com.au](http://www.happyfamilies.com.au).



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