



First Aid and Infection Control Policy

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Rationale

All DOBCEL workplaces strive to be communities of faith, hope and love where the health, safety and wellbeing of all staff and students is foremost. DOBCEL schools and office locations have a moral and legal responsibility to help provide all reasonable first aid and infection control practices to maximise the health, safety and wellbeing of all students, staff, volunteers and visitors.

To ensure that DOBCEL schools and office locations meet their legislative, moral obligations and demonstrate their duty of care, this policy outlines the specific obligations, responsibilities, strategies and actions to help prevent or control the transmission of infectious diseases and to provide first aid.

Primary responsibility for the prevention and control of infectious diseases lies with individuals, families and public health authorities.

DOBCEL schools and office locations are expected to provide basic first aid treatment and infection control measures. Expert advice or advanced medical treatment is the role of Emergency Services, medical practitioners and the Government health authorities.

This policy must be read in conjunction with DOBCEL First Aid and Infection Control Procedure.

Definitions

CEB: Catholic Education Ballarat

DOBCEL school and office location leaders: This includes school principals and CEB office managers and team leaders.

First Aid: The immediate treatment or care given to a person suffering a sudden injury or illness provided to preserve life, prevent the condition from worsening, and/or promote recovery. The goal of first aid is not to diagnose, but to offer temporary assistance until more advanced care can be provided or the person recovers.

First Aid Officer: A suitably qualified person who provides first aid.

First Aid Facilities: A specific space allocated within a DOBCEL workplace where first aid equipment, supplies and instructions can be accessed.

First Aid Qualification: First aid course that is the minimum standard of first aid certification for workplaces in Victoria.

Hand Hygiene: is a general term referring to any action of hand cleansing. It includes hand washing with soap and water and using antimicrobial hand rubs (e.g. an alcohol-based hand rub).

Infection Control: The principles involved in, and the procedures necessary for, the prevention of transmission of infectious diseases.

Nationally Recognised Training (NRT): The national database www.training.gov.au provides information on Nationally recognised vocational education and training. The first aid courses referred to in this document can be found on the abovementioned website using the NRT codes.

Respiratory hygiene or cough etiquette are terms used to describe infection prevention measures. Practices include:

- covering the mouth and nose when coughing or sneezing;
- using tissues and disposing of them appropriately;
- using face masks and disposing of them appropriately, as required; and
- attending to hand hygiene immediately after coughing, sneezing or blowing nose.

Infectious: The transmission of microorganisms, such as bacteria, viruses, parasites or fungi directly or indirectly, from one person to another.

Standard precautions: The minimum infection prevention and control practices that must always be used, by all people, in all First Aid situations. The use of standard precautions aims to minimise and, where possible, eliminate the risk of transmission of infection.

Student Health Support Plan: This plan outlines how the school will support a student's health care needs, based on health advice received from a student's medical practitioner.

Policy Statement

DOBCEL schools and office location leaders must ensure adequate strategies and action are in place to:

- preserve life, monitor wellbeing and provide healthcare support consistent with the level of urgency required; and to escalate support to emergency services where there is any uncertainty or unmanageable deterioration
- minimise the risk of exposure to infectious materials, including body fluid/substances, through the provision and use of standard precautions when assisting ill or injured people
- ensure that all contaminated waste is handled and disposed of correctly
- abide by legislated requirements for school exclusion and infectious disease notification
- ensure processes are in place to support immunisation and vaccination programs for staff, volunteer parents and students each year and to maintain records
- prevent, contain and eliminate the transmission of infectious disease as far as practicable by promoting school health and wellbeing initiatives (e.g. immunisation programs)
- ensure processes are in place to isolate, contact trace and arrange for the collection of students and staff who are unwell and potentially infectious while at school/work; and
- protect the privacy and dignity of students and staff with an infectious disease

First Aid and Infection Control Procedure

- The First Aid and Infection Control Procedure should be read in conjunction with this policy. The procedure provides detailed guidance and direction on the strategies and actions to be taken to administer first aid and infection control in the workplace
- DOBCEL schools and office location leaders must align their First Aid and Infection Control practices to the DOBCEL First Aid and Infection Control procedure

- The components of the First Aid and Infection Control Procedure are:
 - **First Aid**
 - Care for Students
 - Care for Staff
 - Students with Specific Medical Conditions
 - First Aid advice and Care Resources
 - Annual First Aid Risk Assessment
 - First Aid Kits
 - Restocking First Aid Kits
 - First Aid Facilities
 - First Aid Training
 - Additional First Aid training for Specific Medical Conditions
 - First Aid – Yard Duty Arrangements
 - First Aid – Offsite Activities
 - Administration of Medication
 - Treatment Records and Incident Reporting
 - Automated External Defibrillators (AEDs)
 - Management of Sharps
 - Disposal of Contaminated Waste
 - **Infection Control**
 - Prevention of Infectious Diseases
 - Infectious Diseases Transmission Control

Roles and Responsibilities

Parents/Carers

Parents/Carers are responsible for:

- informing the principal (or nominee) of any known medical conditions or infectious diseases that the students has
- providing the principal (or nominee) with appropriate medical information (including immunisation records and action plans) where injuries, illnesses or diseases require specific interventions
- providing updates to the school on any changes in student medical conditions and/or required treatments; and
- informing the principal (or nominee) as soon as practicable if their child is infected with any of the diseases listed in the school exclusion table

All Employees

All School employees are responsible for:

- being familiar with the DOBCEL First Aid and Infection Control Policy and Procedure
- providing first aid treatment, within the limits of their skill, expertise, training and responsibilities
- following infection prevention and control strategies and action list in the First Aid and Infection Control Procedure, within the limits of their skill, expertise, training and responsibilities

School Principal

Principals will be responsible for:

- completing an Annual First Aid Risk Assessment of the school's first aid requirements. This assessment includes:
 - planning for the reasonable first aid needs onsite or during approved offsite activities
 - ensuring there is sufficient suitably trained and qualified first aid staff
 - auditing the school environment for any potential hazards
 - Reviewing of all first aid and infection prevention/control data
 - Reviewing all infection prevention and control strategies and actions
 - Facilitating immunisation programs
 - Encouraging staff, parent volunteer and students participation in immunisation programs
- ensuring staff are trained in accordance with relevant legislation; and
- ensuring students attend the school in accordance with the Public Health and Wellbeing Regulations 2019 and impose exclusions where the regulations require

First Aid Officers

The First Aid Officer will be responsible for:

- ensuring that all medical Action Plans for students with specific medical needs (e.g. asthma, anaphylaxis, diabetes, epilepsy etc.) are kept up to date and easily accessible to staff
- regularly audit first aid kits, equipment and facilities
- ensuring '000' is promptly called in an Emergency, when required
- providing first aid support commensurate with competency and training. This includes basic emergency life support such as:
 - performing CPR
 - administering Ventolin or an EpiPen
 - managing severe bleeding or providing basic wound care; or
 - splinting fractures or icing soft tissue sprains and strains

- conducting the Annual First Aid Risk Assessment with the principal to identify the first aid training and resource needs of the school for all onsite and offsite activities
- implementing all risk control measures identified in the Annual First Aid Risk Assessment
- determining the need for and location of all first aid signage according to Australian Standards
- maintaining a first aid register for all treatments and interventions administered/provided to a student or staff member
- recording staff related incidents in the electronic incident management system
- providing/arranging for all first aid and infection control training for school employees
- escalating medical emergencies to “000”
- providing or arranging for all appropriate immunisation programs to be delivered to staff, volunteer parents and students; and
- coordinating first aid duty rosters

Principles

Common Good

People are fundamentally social beings. Social, political and economic organisation has, therefore, implications for the entire community. Each social group, therefore, must take account of the rights and aspirations of other groups, and of the well-being of the whole human family. The common good is reached when all work together to improve the wellbeing of society and the wider world. The rights of the individual to personal possessions and community resources must be balanced with the needs of the disadvantaged and dispossessed.

Human Dignity

Our common humanity requires respect for and support of the sanctity and worth of every human life. All other rights and responsibilities flow from the concept of human dignity. This principle is deemed as the central aspect of the Church’s social teaching. The belief that each life has value is shared with International Human Rights which are universal, inviolable and inalienable.

Transparency and Accountability

Transparency demands timely and accurate disclosure/reporting concerning the performance, decision making and financial health of DOBCEL to all stakeholders.

Accountability refers to the obligation of DOBCEL to accept responsibility for its activities and to disclose the results. It also includes responsibility for money or other entrusted property.

These two principles converge in the social responsibility to care for persons, resources and our planet as precious and vital to life. Responsible stewardship is integral to the mission of the Church and is a fundamental tenet of the Church’s spirituality. It entails a responsibility for service that aims to nurture a gift from another. Frequently understood in relation to care.

References

- Education and Training Reform Act 2006 Section 4.3.1(6) (c)
- Education and Care Services National Law Act 2010 (CTH)
- Education and Care Services National Regulations 2011 (CTH)
- Public Health and Wellbeing Act 2008
- Public Health and Wellbeing Regulations 2009
- Disability Discrimination Act 1992 (CTH)
- Disability Standards for Education 2005 (CTH)
- Victorian Registration and Qualification Authority (VRQA)
- Occupational Health and Safety Act 2004 (VIC)
- WorkSafe Victoria First Aid in the workplace Code of Compliance
- First Aid in the Workplace Compliance Code 2008 (Vic)
- Department of Education and Early Childhood Development

Related Policies and Procedures

- DOBCEL First Aid and Infection Control Procedure



First Aid and Infection Control Procedure

Reviewed: October 2020

Next Review: October 2023

Procedure

- This procedure provides guidance and direction in the provision of first aid to students and staff. Please read this procedure in conjunction with the DOBCEL First Aid and Infection Control Policy.
- The components of this procedure include:
 - **First Aid**
 - Care for Students
 - Care for Staff
 - Students with Specific Medical Conditions (Asthma, Epilepsy, Diabetes, Cancer etc.)
 - First Aid advice and Care Resources
 - Annual First Aid Risk Assessment
 - First Aid Kits
 - Restocking First Aid Kits
 - First Aid Facilities
 - First Aid Training
 - Additional First Aid Training for Specific Medical Conditions
 - First Aid – Yard Duty Arrangements
 - First Aid – Offsite Activities
 - Administration of Medication
 - Treatment Records and Incident Reporting
 - Automated External Defibrillators (AEDs)
 - **Infection Control**
 - Prevention of Infectious Diseases
 - Infectious Diseases Transmission Control

First Aid

Care for Students

- If a student becomes unwell or is injured during the school day, they must attend the first aid facility for care
- First Aid staff must provide care, record the visitation/treatment/incident details in the First Aid register

- Depending on the nature of their symptoms, first aid staff may contact the parents/carers to:
 - make arrangements for the student to return home to rest and recover
 - for the student to receive more advanced medical assessment and care
- In a medical emergency, staff will take emergency action and call “000” for assistance

Care for Staff

- If a staff member becomes unwell or is injured during the working day, they can attend the first aid facility for care
- The First Aid Officer should provide care and assist the person to complete an incident report
- Depending on the nature of the symptoms, first aid staff may recommend that the staff member to:
 - make arrangements with their team leader to return home or seek medical assessment
 - In a medical emergency, staff will take emergency action and contact Triple Zero “000” for emergency services to attend

Students with Specific Medical Conditions (Asthma, Epilepsy, Diabetes, Cancer etc.)

- A Student Health Support Plan (see Attachment 4) must be prepared in consultation with parents/carers for each student with specific medical conditions. The plan should detail risk minimisation and prevention strategies and an emergency response plan
- A colour copy of all Student Health Plans must be kept in the first aid room and readily available to all staff supervising the student with a specific medical condition

Additional First Aid Treatment and Care Resources

- First Aid Staff may also utilise **NURSE-ON-CALL (on 1300 60 60 24)** to seek further advice or in an emergency
- NURSE-ON-CALL provides health advice from a registered nurse and is available 24 hours a day, 7 days a week. This is a free service funded by the Department of Health and Human Services for all Victorians

Annual First Aid Risk Assessment

- The Principal or Catholic Education Ballarat (CEB) Office Manager, in consultation with the First Aid staff, must complete an *Annual First Aid Risk Assessment* form in Term one (1) each year (refer to Appendix 2)
- This assessment will identify the appropriate number of first aid trained staff and facilities required for the proceeding 12mths, to meet the first aid needs of the school or office
- The Annual Risk Assessment form is to be uploaded into the school Risk Register database

First Aid Kits

- The Principal or CEB Office Manager, in consultation with the First Aid staff are responsible for maintaining the *First Aid Kit Register* detailing the location of all first aid kits
- Every DOBCEL school must have a minimum of one (1) Major First Aid Kit. The number of additional first aid kits, including mobile first kits for offsite activities, will be determined by an Annual First Aid Risk assessment. For details of the kit contents, please refer to **Attachment 2** of the **First Aid and Infection Control Procedure**
- Please refer to **Attachment 1 - First Aid Kit Guidelines** for a list of the Kit types and contents

Restocking Kits

- Kits must be checked at the end of each Term and restocked as appropriate

First Aid Facilities

- DOBCEL schools must have a staffed First Aid room in the school during operating hours. Suitable first aid facilities must also be provided to all staff and students participating in camps, tours, excursions and after hours sports activities
- DOBCEL office locations are encouraged to have a suitably space and trained first aid staff available to administer basic first aid during normal business hours
- The location of the first aid facility must be displayed on the site evacuation diagrams and the Health and Safety noticeboards
- The first aid facility must:
 - Be easily accessible
 - be clearly identified – a green cross on a white background with the words First Aid
 - be well illuminated and ventilated; and
 - have easy access to toilets
- have emergency telephone numbers prominently displayed:
 - Emergency Services (i.e. 000)
 - Nearest public hospital
 - Nearest medical clinic
 - Poisons Information hotline; and
 - NURSE-ON-CALL contact details
- ensure a list of first aid officers names and contact numbers is clearly displayed

First Aid Training

- The School Principal must ensure that all designated teaching and first aid staff receive training to the minimum competency (qualification) level of HLTAID003
- DOBCEL Management must ensure that all designated first aid staff in DOBCEL Office locations receive training to the minimum competency (qualification) level of HLTAID003
- The School Principal must ensure that all staff at Early Childhood Learning Centres must have a minimum competency (qualification) level of HLTAID004
- Training records that capture the following details must be maintained at each workplace:
 - Date of training
 - Course name (level of competency)
 - Course facilitator (business name and contact details); and
 - Date of certification expiry; and the school or office location

Additional First Aid Training for Specific Medical Conditions

- Principals may require staff to undertake additional training to manage students with chronic health issues such as asthma, diabetes, epilepsy or cancer etc.

First Aid – Yard Duty Arrangements

- Teachers on yard duty may treat minor injuries using the first aid kit and PPE provided. Teachers on yard duty will need to assess if further treatment is required and whether to move the patient or call for assistance
- In the event of a student requiring additional first aid and it is safe for them to move, the student may be sent to the first aid room for further assessment. Another student or staff member must accompany the patient to the first aid room
- If a student requires additional first aid treatment but is unable to be moved (e.g. serious head injury or acute respiratory or cardiac episode) then the yard duty teacher is to stay with the student and call “000” to request an ambulance. Then the yard duty teacher will send someone to the administration office to request assistance and to collect appropriate medical supplies (e.g. defibrillator, EpiPens or Ventolin etc.) to treat the patient
- Teachers must always follow infection prevention and control strategies

First Aid - Offsite Activities

- Parents/carers must provide a signed medical form providing medical details and giving teachers permission to make relevant decisions as required in the event their child requires treatment during an approved, offsite activity (e.g. a camp or excursion)

Administration of Medication

- **Non-Prescribed:** School and CEB office staff are not permitted to store or administer any non-prescribed medications including analgesics (paracetamol and aspirin). This is because analgesics and other non-prescribed medications can mask signs and symptoms of a serious illness or injury
- **First Dose Medication:** Students are not permitted to take their first doses of a new medication at school
- **Sharing of Medication:** Students are not permitted to share their medication with anyone else, unless it is a life-threatening emergency. For example, a student having an acute asthma attack on camp and requires additional Ventolin, until Emergency Services can arrive
- **Prescribed Medications:** If a student is required to take prescription medication then parents/carers should be encouraged to arrange for the medication to be taken outside of school hours. However, if this is not possible (for example during a school camp) then the school will support the student to take the medication safely
- **First Aid Administration:** When a First Aid staff member is authorised to administer prescribed medications to a student or to supervise a student taking prescription medication, the following information must be provided by the parents/carers:
 - consent
 - the name of the medication
 - medical practitioner’s instructions (including dosage)
 - time medication to be taken; and
 - method for taking medication (e.g. oral, inhalation, injection, etc)
- All prescription medication must be:
 - secured to minimise the risk to others
 - in a place only accessible by staff

- away from classrooms (unless quick access is required)
- away from first aid kits (except when be carried for offsite activities); and
- according to packet instructions in relation to temperature
- All medication must be administered in accordance with the Principles of Administering Medication to ensure the correct student receives:
 - their correct medication
 - in the proper dose
 - via the correct method
 - at the correct time of day; and
 - details are recorded (Attachment 3)
- Where possible two (2) staff members (preferably with First Aid training) must supervise the administration of medication
- Details of all medications administered must be record in student medical records using existing school databases.
- During offsite activities such as school camps, tours or excursions it may be necessary to administer medication to a student. In these circumstances the **Medication Administration Log** (see **Attachment 3**) can be used to manually record details until it can be added to the student medical records

Treatment Records and Incident Reporting

- First aid officers must record all first aid treatment provided to students and staff for injuries/illnesses. Details must be recorded in student medical records using existing school databases
- An incident report needs to be completed if the first aid treatment record is not linked to the hazard identification and incident reporting system
- If care provided is for a 'Serious' medical condition, then the school Principal must be notified

Automated External Defibrillators (AEDs)

- Each school and office location will determine whether they require AEDs as part of the Annual First Aid Risk Assessment
- AEDs must be placed in easily accessible with appropriate signage
- Scheduled replacement of the batteries and pads is to be undertaken in accordance with the marked expiry dates
- AEDs are used to provide emergency first aid to a person experiencing suspected sudden cardiac arrest (heart attack)
- Training is not required to use an AED. The AED will provide instructions on how to administer CPR and use the defibrillator. Once the unit is turned on it will provide instructions on how to position the patient and attach the pads. The AED will then monitor the patients vital signs and provides verbal and visual instructions on treatment options, until Emergency Services arrive
- The [HeartSine 500P model](#) is recommended for schools and office locations. For more information right click on the link above

Management of Sharps

- Sharps must be disposed of in a sharp’s container compliant with the Australian Standard AS 4031: Non-reusable containers for the collection of sharps
- Staff and students (where required and appropriate) will be provided with training relating to the correct disposal of needles and syringes; and
- All sharps injuries (staff or student) must be reported immediately to the Principal or CEB Office Manager and the injured person must be encouraged to seek medical assessment

Disposal of Contaminated Waste

- Contaminated waste (e.g. dressings, wipes, cleaning cloths, nappies, human tissue, and blood and laboratory waste) must be disposed of in:
 - appropriate biohazard waste containers/bags
 - in the general waste in suitably labelled bags (bags are to be double bagged); or
 - Sanitary Waste Bins

Infection Control

Prevention of Infectious Diseases

- The following table outlines the strategies and actions that school and office location leaders must implement to prevent the transmission of an infectious diseases

Strategy	Action
Support for immunisation and vaccination programs	DOBCEL has a role in helping the Department of Health (DoH), staff and families to prevent and control infectious diseases. This can be achieved through: <ul style="list-style-type: none">– the support of immunisation and vaccination programs; and– maintaining immunisation and vaccination records on each student and staff member for Pandemic contact tracing purposes.
Standard precautions	Staff and students should treat all blood and other body fluids or substances as being potentially infectious and practice standard precautions whenever dealing with them. Standard precautions include: <ul style="list-style-type: none">– hand and personal hygiene;– the use of personal protective equipment (for example, gloves and face masks);– safe handling and disposal of ‘sharps’; and– respiratory hygiene– maintaining attendance and sign in/out records for contact tracing purposes.
School education on hand hygiene	Hand hygiene is considered one of the most important infection control measures for reducing the spread of infection. DOBCEL facilities will incorporate good hand hygiene practices and reminders into the curriculum and daily workplace activities.

	Hand hygiene will also be promoted through the display of available resources and DoH resources.
Physical distancing	DOBCEL leaders will promote physical distancing during an infectious disease outbreak or pandemic.
Provision of soap and hand sanitizer	DOBCEL workplaces will provide soap, hand sanitiser and other hand hygiene consumables to support good hand hygiene.
Management of blood and other body fluid/substance exposures	DOBCEL workplaces will provide appropriate single-use, personal protective equipment (for example, gloves and masks) for staff to use when dealing with blood or body fluids/substances or infectious diseases. Staff members must be familiar with and practice recommended standard precaution practices. Staff members and students will be encouraged to wear appropriate reusable face masks, as directed by the Department of Health, during any infectious disease outbreak or Pandemic.
Occupational health and safety and staff vaccinations	DOBCEL Management will encourage all staff to be appropriately vaccinated against preventable infectious diseases, as per the Australian Immunisation Handbook recommendations for persons who work with children.

Infectious Diseases Transmission Control

The following table outlines the strategies and actions that schools and office location leaders must take to control transmission of infection when a case(s) is identified.

Strategy	Action
Send unwell children home as soon as possible.	Ensure that unwell children do not attend your school. Isolate children who become unwell during the day and send the unwell child home as soon as possible.
Infectious disease notification internally and to the Department of Education and Training (DET), via an IRIS alert system.	When a school is made aware of student illness that is a medically confirmed case(s) of pertussis, measles, mumps, rubella, meningococcal disease polio, or novel coronavirus, this should be reported via the school hazard identification and incident reporting system. A notification should also be sent via the school or office location leader (or nominee) to CECV so it can be recorded on the Department of Education and Training IRIS system. This will assist the DoH to monitor disease outbreak at a school level and to provide further guidance where required.
Seeking expert advice	If the school or office location have questions or concerns about a child with an infectious disease, they can contact: Department of Health Communicable Disease Prevention and Control telephone: 1300 651 160 (24 hours) or infectious.diseases@dhhs.vic.gov.au (regularly monitored).

Strategy	Action
<p>Exclusion of a child with an infectious disease: primary school students</p> <p>Children with certain infectious diseases, and children who have been in contact with certain infectious diseases, are required to be excluded from school for a specified period. The DHHS School exclusion table identifies which infectious diseases require exclusion and for what period</p>	<p>As set out in the Public Health and Wellbeing Regulations 2019 Principals of primary school-aged students (ECLC – Year 6) must not allow a child to attend school if:</p> <ul style="list-style-type: none"> – they have been informed that the child is infected with an infectious disease, confirmed by a medical practitioner, that requires exclusion – they have been informed that a child has been in contact with a person with an infectious disease as described in the School exclusion table <p>During an outbreak, the Chief Health Officer directs a primary school to exclude a child based on material risk of a child contracting a vaccine-preventable disease (i.e. a child who is not immunised to be excluded until advised attendance can be resumed).</p>
<p>Exclusion of a child with an infectious disease: secondary school students</p>	<p>Secondary school students (Years 7-12) are not bound by the legislative exclusion requirements which apply to primary schools, they are encouraged to follow the same guidance to ensure the safety of their students.</p> <p>In the event of a public health risk, such as an infectious disease outbreak, secondary schools may be required under the Public Health and Wellbeing Act 2008 to comply with the directions of the Chief Health Officer or an Authorised Officer.</p>
<p>General responses to influenza, gastroenteritis and other common infections in your school</p>	<p>Schools should consider the following important points when responding to students affected by common infections:</p> <ul style="list-style-type: none"> • students with cold or flu-like symptoms or vomiting or diarrhoea should be encouraged to seek medical attention, limit contact with others and stay at home until symptoms have passed • if a child becomes ill at school with these symptoms, the school should contact the family and arrange for the collection of the child; and • good general hygiene remains the best defence against infection and schools should encourage children to regularly wash their hands and cover their nose and mouth if sneezing and coughing
<p>Influenza Pandemic Response</p>	<p>An outline of key school actions against different stages of an influenza pandemic can be found in the school Emergency Management Plan.</p> <p>Additional information can be found at the CECV website https://www.cecv.catholic.edu.au/OHS-WorkCover/Coronavirus (Covid Safe Plan and School Operations Guide).</p> <p>Schools should also refer to DoH advice regarding pandemic influenza.</p>

Strategy	Action
School community communication and additional advice	<p>It is not generally necessary to communicate with the broader school community about an infectious disease unless there is an outbreak or the school has been directed to pursue specific action by the Department of Health.</p> <p>Schools can phone DoH on 1300 651 160 for advice on alerting parents, or displaying signage, in relation to case(s) of a notifiable infectious disease in the school.</p> <p>In more general cases, where communication has been deemed necessary, the school should give consideration as to what should be communicated to the school community. It should:</p> <ul style="list-style-type: none"> - maintain student confidentiality - be fact based - be written in a way not to cause alarm - inform parents/caregivers that a school community member/s has been diagnosed with an infectious disease - name the condition <p>suggest that they seek medical advice regarding their child's health if they have concerns.</p>

Supporting Documents

- DOBCEL First Aid and Infection Control Policy

Appendices

- Attachment 1 – First Aid Kit Guide
- Attachment 2 – Annual First Aid Risk Assessment
- Attachment 3 – Medication Administration Record
- Attachment 4 – Student Health Support Plan

Attachment One - First Aid Kits Guide

This information provides guidance on the required contents of DOBCEL first aid kits in accordance with WorkSafe Victoria and the Department of Education and Training (DET) guidelines.

- All First Aid kits must be easily recognisable.
- It is recommended that schools and offices use kits that have a white cross on a green background with the words 'First Aid' clearly marked on the outside for ease of identification.

The following types of First Aid kits can be available based on the requirements identified of the first aid risk assessment:

- **'Bum bag' kit** – to be used for day excursions and yard duty;
- **'Portable' kit** – to be used in re-locatable activities such as sports or in vehicles;
- **'Fixed' kit** – wall mounted kits, located in common rooms, classrooms workshops and laboratories, camps and boat sheds; and
- **'Backpack' Kit** – to be used for camps, remote areas and overseas tours.

The kit number and type (e.g. Basic Kit with Burns) must be clearly marked on the kit.

Kit Location Considerations

Each DOBCEL facility must maintain the appropriate number and types of kits as identified in the *First Aid Risk Assessment*. Consideration will be given to:

- maintaining kits that will support the needs of all student and staff;
- the location of first aid kits, preferably within 100 metres or less from their location;
- having at least one Basic First Aid kit the alternate level of a multi-level building;
- installing first aid kits/cabinets where necessary and signage;
- in areas where safety glasses are required (e.g. workshops) the kit will have an Eye module;
- in areas where hot materials/flammables are used, the kit will have a Burns module; and
- in remote areas with limited emergency services access, a backpack kit is to be used.

Kit Contents

A Basic/Portable/Bum Bag First Aid Kit must contain:

- 1 X first aid booklet on using kit contents with note pad & pen for recording details;
- 1 x itemised list of kit contents;
- 2 pairs of latex free disposable gloves;
- 1 x resuscitation mask;
- 1 x pack of 50 band aids;
- 2 X sterile eye pads (packet);
- 2 X Melolin sterile dressings:
 - o 5cm X 5cm
 - o 7.5cm X 7.5cm
 - o 10cm X 10cm
- 2 X triangular bandages;
- 1 X pack of safety pins;
- 1 X sizes 13,14 and 15 sterile, unmedicated wound dressings;
- 1 X roll of non-allergenic tape;
- 1 X 7.5cm and 5cm crepe bandages;
- 1 X 7.5cm and 5cm conforming bandage;
- 1 X pack of 10 steristrips;
- 3 X 7.5cm X 7.5cm gauze swabs;
- 1 X disposable cold pack;

- 1 X scissors and 1 x tweezers;
- 3 X amputated body parts bags;
- 2 X copies of hard copy incident report forms;
- 3 X sterile saline ampoules;
- 3 X plastic bags for waste disposal and 2 X vomit bags;
- 3 X splinter probes and 3 X antiseptic wipes; and
- 2 X Burn Aid Gel.

Major Kit Contents:

A Major First Aid kit must contain the 'Basic' First Aid Kit contents, plus:

- 7 X 7.5cm x 7.5cm gauze swabs;
- 7 X sterile saline ampoules;
- Meloline sterile dressings:
 - o 8 X 5cm x 5cm
 - o 8 X 7.5cm x 7.5cm
 - o 8 X 10cm x 10cm
- Combine pads: 5 X 10 cm x 10 cm for bleeding wounds;
- 1 X pack of 10 steristrips;
- 4 X sterile eye pads (2 X packets);
- 4 X triangular bandages;
- Conforming bandages to hold dressings in place:
 - o 2 X 2.5 cm
 - o 2 X 5 cm
 - o 6 X 7.5 cm
 - o 2 X 10 cm
 - o 2 X 15 cm
- Crepe bandages:
 - o 2 X 2.5 cm
 - o 2 X 5 cm
 - o 6 X 7.5 cm
 - o 2 X 10 cm
 - o 2 X 15 cm
- 2 X 15cm heavy elastic bandages;
- 6 X Disposable splinter probes;
- 1 X Flexible 'sam' splints for fractured limbs;
- 1 X Ice pack;
- 1 X bottle of sunscreen 30+;
- 1 X Blood and vomit spill kit;
- 1 X roll of disposable hand towels;
- 1 X box adhesive sanitary pads;
- 1 X bottle of antiseptic hand gel;
- 7 X antiseptic wipes;
- 1 X box of paper tissues;
- 1 X small waste disposal sharps container;
- 1 X ice cream container or emesis bags for vomit;
- 1 X medicine measure for use with prescribed medications;
- 4 X disposable cups and one teaspoon;
- 1 X pen-like torch;
- 1 X thermal accident blanket;
- 1 X Eye Module;
- X Burn s Module;
- 1 X Anaphylaxis Module;

- 1 X Asthma Module; and
- 1 X Venomous Bites & Stings Module.

Eye Injury Module:

- 1 X notes on how to use eye module kit contents;
- 6 X 30ml eye wash;
- 4 X sterile eye pads; and
- 1 X adhesive tape.

Burns Module:

- Burns Module Kit Contents plus additional:
 - o 1 X notes on how to use kit contents;
 - o 1 X 50ml burn aid gel spray;
 - o 3 X Burn dressings of assorted sizes; and
- 1 X cleaning/burn sheeting (for covering burns).

The size of the Gel, dressings and the sheeting will depend upon the nature of the hazards in the workplace or the activity to be undertaken.

Venomous Bites and Strings Module:

- 1 x Triangular Bandages;
- 2 x Heavy Weight Bandage;
- 2 x Gauze Swabs (Packet of 5);
- 1 X Conforming Bandages; and
- 10 x 1g Rap-aid Itch Cream Sachets.

Remote Areas (Backpack) Kit:

- All the above mentioned kits combined into one backpack; and
- Ensuring that all hard copy incident reports are provided to the school or office leader.

Anaphylaxis Kit:

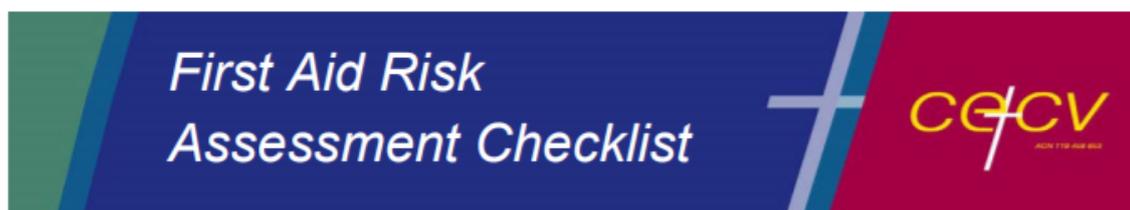
- 1 X Anaphylaxis Emergency Response Plan; and
- 1 X generic purpose EpiPen.

Asthma Kit:

- 1 X Asthma Emergency Response Plan
- 2 X disposable cardboard asthma spacers; and
- 1 X Ventolin.

Attachment 2 – CECV First Aid Risk Assessment

Click on the link to download the complete checklist - [First Aid Risk Assessment](#)



SCHOOL:	
CONDUCTED BY:	DATE:

This checklist has been developed to assist schools to determine the appropriate first aid requirements, including facilities, first aid kits and number of trained first aid officers. If hazards have been identified, ensure appropriate control measures are implemented.

QUESTION	YES	NO
First Aid Officers		
Are adequate numbers of first aid officers available during high risk times such as yard duty?		
Are adequate numbers of first aid officers available during excursions and camps?		
Can first aiders reach the scene of an accident quickly in all areas of the school?		
Are first aiders available to cover school events such as concerts, functions and sporting activities?		
Are there strategies in place to cover annual leave and other absences of first aid officers?		
Are first aid officers aware of the infection control procedures?		
First Aid Kits		
Are there hazards or health concerns for which an extra first aid kit or specialised treatment is required (e.g. chemicals, potential for burn, asthma or anaphylaxis)?		
Number and location of kits		
Are there additional kits for excursions and camps?		
Are there additional kits for yard duties?		
Is there additional first aid equipment needed (e.g. Automated External Defibrillator)?		
First Aid Room/area		
Do the existing first aid facilities adequately cover the most common type of injuries?		
Is the first aid room in close proximity to high hazard areas?		
Is the first aid room well signed, easily accessible and close to toilets?		
Hazards to consider when determining first aid requirements		
Do staff members (including cleaners and contractors) work alone?		

Attachment 3 – Medication Administration Log

Medication Administration Log – including Asthma Medications

For students/Staff requiring medication to be administered at school

This log must only be completed by the staff member administering medication if the details are not captured on any other existing medical records database in the school. A copy must be kept in the first aid facility. Permission note(s) must be added to the student’s medical records.

STUDENT NAME:		PHOTO
CONDITION:		
DOCTOR:	PHONE NO:	
NAME OF MEDICATION(S):		MEDICATION DOSE(S):
METHOD OF ADMINISTERING THE MEDICATION(S):		EXPIRY DATE(S):
Parent/Guardian who requested the medication administration.		
Name:		
Relationship:		Contact Phone No:
Unused medication returned to parent: YES / NO (<i>circle one when applicable</i>)		
Parent Signature		
Opening balance of medication received:		

***Cross-checking:** When administering medications it is recommended that **two staff** members must be involved. One staff member to **administer** and another to **check** that the five ‘Rights’ listed below.

Medication name & Dose amount administered	Five ‘Rs’ - Tick box when checked ✓					Staff member names (print names & initial)
	Right Time	Right Student	Right Meds	Right Dose	Right Route	
						Administering:
						Checking:
						Administering:
						Checking:
						Administering:
						Checking:

***Cross-checking:** When administering medications, **two staff** members must be involved. One staff member to **administer** and another to **check** that the five ‘Rights’ listed below are checked.

Medication name & Dose administered	Tick box when checked ✓					Staff member names (print names & initial)
	Correct Time	Correct Student	Correct Meds	Correct Dose	Correct Route	
						Administering:
						Checking*:
						Administering:
						Checking*:
						Administering:
						Checking*:
						Administering:
						Checking*:
						Administering:
						Checking*:
						Administering:
						Checking*:
						Administering:
						Checking*:

***Cross-checking:** It is recommended that when administering medications, **two staff** members check that medication is correctly administered.

Attachment 4 – Student Health Support Plan

Student Health Support Plan

This plan outlines how the school will support the student’s health care needs, based on health advice received from the student’s medical practitioner. This form must be completed for each student with an identified health care need (excluding Anaphylaxis as this information is captured via an Individual Anaphylaxis Management Plan).

This Plan is to be completed by the principal (or nominee) with the parent/carer and the student.

School:		Phone:
Student’s name:		Date of birth:
Year level:		Proposed date for review of this plan:
Parent/carer contact information (1)	Parent/carer contact information (2)	Other emergency contacts (if parent/carer not available)
Name:	Name:	Name:
Relationship:	Relationship:	Relationship:
Home phone:	Home phone:	Home phone:
Work phone:	Work phone:	Work phone:
Mobile:	Mobile:	Mobile:
Address:	Address:	Address:
Medical /Health practitioner contact:		
<input type="checkbox"/> General Medical Advice Form - for a student with a health condition <input type="checkbox"/> School Asthma Action Plan <input type="checkbox"/> Condition Specific Medical Advice Form – Cystic Fibrosis <input type="checkbox"/> Condition Specific Medical Advice Form – Acquired Brain Injury <input type="checkbox"/> Condition Specific Medical Advice Form – Cancer <input type="checkbox"/> Condition Specific Medical Advice Form – Diabetes <input type="checkbox"/> Condition Specific Medical Advice Form – Epilepsy <input type="checkbox"/> Personal Care Medical Advice Form - for a student who requires support for transfers and positioning <input type="checkbox"/> Personal Care Medical Advice Form - for a student who requires support for oral eating and drinking <input type="checkbox"/> Personal Care Medical Advice Form - for a student who requires support for toileting, hygiene and menstrual health management		
List who will receive copies of this Student Health Support Plan :		
1. Student’s Family _____ 2. Other: _____ 3.		

<p>The following Student Health Support Plan has been developed with my knowledge and input</p> <p>Name of parent/carer or mature minor** student: _____ Signature: _____ Date: _____</p> <p><i>**Please note: Mature minor is a student who is capable of making their own decisions on a range of issues, before they reach eighteen years of age.</i></p> <p>Principal (or nominee) name: _____ Signature: _____ Date: _____</p> <p>Privacy Statement - The school collects personal information so as the school can plan and support the health care needs of the student. The information may be disclosed to relevant school staff and appropriate medical personnel, including those engaged in providing health support as well as emergency personnel, where appropriate, or where authorised or required by another law. Access to the personal information the school holds about you/your child can be requested.</p>
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How the school will support the student's health care needs

What is the health care need identified by the student's medical/health practitioner?
Other known health conditions:
When will the student commence attending school?
Detail any actions and timelines to enable attendance and any interim provisions:

Below are some questions that may need to be considered when detailing the support that will be provided for the student's health care needs. These questions should be used as a guide only.

Support	What needs to be considered?	Strategy – how will the school support the student's health care needs?	Person Responsible for ensuring the support
Overall Support	Is it necessary to provide the support during the school day?	<i>For example, some medication can be taken at home and does not need to be brought to the school.</i>	
	How can the recommended support be provided in the simplest manner, with minimal interruption to the education and care program?	<i>For example, students using nebulisers can often learn to use puffers and spacers at school.</i>	
	Who should provide the support?	<i>For example, the Principal should conduct a risk assessment for staff and ask: Does the support fit with assigned staff duties, the scope of their position, and basic first aid training (see DOBCEL's First Aid and Infection Control Policy) Are additional or different staffing or training arrangements required?</i>	
	How can the support be provided in a way that respects dignity, privacy, comfort and safety and enhances learning?	<i>For example, detail the steps taken to ensure that the support provided respects the student's dignity, privacy, comfort and safety and enhances learning.</i>	
First Aid	Does the medical/health information highlight any individual first aid requirements for the student, other than basic first aid?	<i>Discuss and agree on the individual first aid plan with the parent/carer. Ensure that there are sufficient staff trained in basic first aid (see DOBCEL's First Aid and Infection Control Policy) Ensure that all relevant school staff are informed about the first aid response for the student.</i>	
	Are there additional training modules that staff could undertake to further support the student, such as staff involved with excursions and specific educational programs or activities?	<i>Ensure that relevant staff undertake the agreed additional training Ensure that there are contingency provisions in place (whilst awaiting the staff member to receive training), to facilitate the student's attendance at school.</i>	
Complex Medical Needs	Does the student have a complex medical care need?	<i>Is specific training required by relevant school staff to meet the student's complex medical care need?</i>	

Support	What needs to be considered?	Strategy – how will the school support the student’s health care needs?	Person Responsible for ensuring the support
Personal Care	Does the medical/health information highlight a predictable need for additional support with daily living tasks?	<p><i>Detail how the school will support the student’s personal care needs, for example in relation to nose blowing, washing hands, toileting care (including menstrual health management and other aspects of personal hygiene)</i></p> <p><i>Would the use of a care and learning plan for toileting or hygiene be appropriate?</i></p>	
Routine Supervision	Does the student require medication to be administered and/or stored at the School?	<p><i>Ensure that the parent/carer is aware of DOBCEL’s First Aid and Infection Control policy on medication management.</i></p> <p><i>Ensure that written advice is received, ideally from the student’s medical/health practitioner for appropriate storage and administration of the medication.</i></p> <p><i>Ensure that a Medication Administration log - See Attachment 3 in the First Aid and Infection Control Procedure is completed.</i></p>	
	Are there any facilities issues that need to be addressed?	<p><i>Ensure the school’s first aid room/sick bay and its contents provide the minimum requirements and discuss whether other requirements can be facilitated in this room to meet the student’s health care needs.</i></p> <p><i>Ensure the school provides necessary reasonable adjustments to assist a student who requires a wheelchair or other technical support. Discuss requirements and possible modifications with the parent/carer/student.</i></p>	
	Does the student require assistance by a visiting nurse, physiotherapist, or other health worker?	<p><i>Detail who the worker is, the contact staff member and how, when and where they will provide support.</i></p> <p><i>Ensure that the school provides a facility which enables the provision of the health service.</i></p>	
	Who is responsible for management of health records at the school?	<p><i>Ensure that information privacy principles are applied when collecting, using, retaining or disposing of personal or health information.</i></p>	
	Where relevant, what steps have been put in place to support continuity and relevance of curriculum for the student?	<p><i>For example, accommodation in curriculum design and delivery and in assessment for a student in transition between home, hospital and school; for a student’s attendance (full-time, part-time or episodically).</i></p>	
Other Considerations	Are there other considerations relevant for this health support plan?	<p><i>For example, in relation to behaviour, such as special permission to leave group activities as needed; planned, supportive peer environment.</i></p> <p><i>For example, in relation to the environment, such as minimising risks such as allergens or other risk factors.</i></p> <p><i>For example, in relation to communication, is there a need to formally outline the communication channels between the school, family and health/medical practitioner?</i></p> <p><i>For example, is there a need for planned support for siblings/peers?</i></p>	