St Francis Xavier Primary School



Newsletter

Monday 6th October 2025 Term 4 Week 1 P.O. Box 2027 Ballarat East VIC 3354 Phone: 5331 6311

Email: principal@sfxballarat.catholic.edu.au

Term 4 (11 weeks)

Mon 6th Oct - Fri 19th Dec

Friday 10th October

9.30am Start of Term/Mercy Day Mass at St Alipius Church

Regional Athletics @ Llanberris (Yr 4-6 qualifiers from Division Athletics)

Friday 17th October 2.40pm Assembly led by FTW

Friday 24th October

Division Golf Tournament at Mt Xavier Golf Course (selected Yr 4-6 students)

2.40pm Assembly led by 6MM

Monday 27th October Pupil free day

Friday 31st October

Junior Sports Day for all Foundation-Year 2 students and Yr 6 Sports Captains

Casual Dress Day - Gold coin donation for MercyWorks

Monday 3rd November Pupil free day

Tuesday 4th November Melbourne Cup Public

Melbourne Cup Public Holiday - Pupil free day

Wednesday 5th November Eureka Division Cricket at Alfredton Reserve (selected Yr 5 & 6 students)

Friday 7th November No Assembly

Friday 14th November No Assembly

Colour Run

Friday 21st November No Assembly

Mon 24th – Wed 26th Nov Year 5 Camp

In the Land of the Wadawurrung People

Dear families,

Welcome to Term Four! I hope the past two weeks have given you some time to rest, recharge, and enjoy a change of pace after the long winter months. With spring now upon us, we look forward to eleven exciting weeks of learning and growth at St Francis Xavier School.

As we begin the new term, I encourage everyone to make a habit of reading our school newsletter each week. So much happens across a term, and the newsletter is the best way to stay connected with the life of our school community.

I wish you all a happy and productive term ahead. There is much to look forward to before we close our doors on 18 December—so let's dive in and make the most of every opportunity together.

God bless,

afr





Transition to Summer Uniform

Term four marks the time we transition to winter uniform. Since Ballarat weather is unpredictable, we allow the first 4 weeks of term for children to move into their summer uniforms so that by the start of week 5 (Melbourne Cup weekend) all children should be wearing their summer gear.

We will continue to ask the children to wear cover up clothes when playing at the paddock areas for the first 4 weeks of term. By then we hope to see a little more sunshine to dry out the grass. If the weather changes before the start of week 5 we will let you know and make any necessary changes.

Regardless of which uniform we wear, school sun hats are compulsory in fourth and first term each year. Time to find those sun hats and be ready for the new term ahead!

Friday 28th November

Casual Dress Day - Gold coin donation for St Vinnies

Friday 5th December 9.30am End of Year Mass

Tuesday 16th December 5.30pm Yr 6 Graduation Liturgy

Thursday 18th December Final 2025 day for students

Traffic Around Our School

Please follow the road rules around the vicinity of our school. We realize that it can be busy during peak times, but this is also the time when accidents are most likely to happen. Anyone observed ignoring road safety rules may have to be referred to the police.

- When turning at the top of Fortune Street please go to the 2nd group of trees, opposite the golf club (marked with a LARGE X).
- Please go up to the cross in a single line and cross to come back down Fortune Street.
- As a pedestrian, only ever cross Fortune Street at the School Crossing.
- Please observe all 'No Standing,' 'No U-Turns,' 'One Way' and 'Bus Zone' signs.
- Please use the designated areas for parking and follow the rules.



Start of Term Mass

Would you like to join us for our start of term Mass at St. Alipius church on Friday? You are most welcome! Mass will commence at 9.30am.

Children are required to wear their full summer/winter uniform to Mass. No sports uniform please.

School Closure Days

Please note that our school will be closed on Monday 27 October and Monday 3 November for staff professional development and planning. No classes will be held at school on these two days.

Religious Education News

THIS WEEK'S GOSPEL- Sunday October 5, 2025 Twenty-Seventh Sunday in Ordinary Time (Year C)

Gospel: Luke 17:5-10 The apostles said to the Lord, "Make our faith greater."

The Lord answered, "If you had faith as big as a mustard seed, you could say to this mulberry tree, 'Pull yourself up by the roots and plant yourself in the sea!' and it would obey you.

"Suppose one of you has a servant who is ploughing or looking after the sheep. When he comes in from the field, do you tell him to hurry and eat his meal? Of course not! Instead, you say to him, 'Get my supper ready, then put on your apron and wait on me while I eat and drink; after that you may have your meal.' The servant does not deserve thanks for obeying orders, does he? It is the same with you; when you have done all you have been told to do, say, 'We are ordinary servants; we have only done our duty.'" (Gospel passage taken from Good News Translation)

Gospel reflection: A mustard seed is really tiny. Jesus is saying that even if we only have a small amount of faith we can do amazing things.

When we look at the world we can see that it is not very fair. It is getting harder for families here and around the world to get the food that they need. In fact, nearly one in three people around the world do not have enough safe and healthy food all year round.

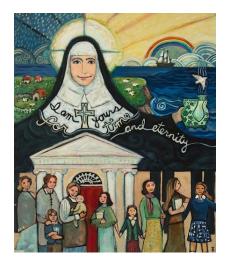
There are many reasons for this - the climate crisis, natural disasters, political instability, cost of living and the conflict in the Middle East and Ukraine. These problems often have the worst effects for some of our poorest brothers and sisters around the world.

Yet this reading gives us hope – that even if we just have a tiny little bit of faith, with God's help, we can make real changes to the world around us.

If we have more than we need, we can share what we have with others.

We can ask world leaders to make a change so that the world is a fairer place for all people. We can pray for a world where food is grown and shared fairly.

Our Challenge: What change will you try to make in the world this week? (Adapted from CAFOD website)



Invitation to Term Four Mercy Mass

Time: 9.30am

Date: Friday October 10, 2025

Venue: St Alipius Church (Victoria St Ballarat)

A warm invitation is extended to all our families, friends and parish members who would like to join us in celebrating our start of Term Four Mercy Mass. We are excited to travel to St Alipius Church to celebrate this special Eucharist celebration with members of our parish community; and the Mercy Sisters and Associates who are able to join us.

Please know you do not have to be Catholic or a regular churchgoer to attend these celebrations - everyone is always welcome here at St Francis Xavier!

Children are required to wear their full summer/winter uniform to Mass.

No sports uniform please.

Christine Meneely, Religious Education Leader MHiPS Leader (Mental Health in Primary School Leader)

Sport/Physical Education News

Welcome back to an enormous and exciting final term of Sport for 2025. This term once again offers lots of opportunities for students to be involved with various sports at different levels.

Regional Athletics

Good luck to Sidney P, Alex P, Tom K, Jed H, Abbey D, Amelia S, Alexis T, Jackson R, Sam N, Nellie C, Chloe W, Isla P & Lawrence W who will be participating at this Friday's Greater Western Region Athletics at Llanberris. We know that you will all give all of your effort and do the very best you can.

Division Golf

Well done to all of the students that were selected to represent SFX at the upcoming Division Golf tournament at Mt Xavier Golf Club on Friday October 24. All relevant information has been sent to the families of those students selected.

SFX Junior Sports Day

A highlight on the school calendar is the Junior Sports Day, which will once again be conducted at Russell Square on Friday October 31st. Students in Foundation, Yr 1 & Yr 2 will participate in a variety of fun activities as well as running and relay races. Our Yr 6 Sports Captains will manage the day and this is a wonderful opportunity for them to engage with the younger students and show their leadership skills.

Term 4:

- Week 1 Friday Oct 10th Regional Athletics @ Llanberris (Qualifiers from Division Aths Yr 4, 5 & 6)
- Week 3 Friday Oct 24th Division Golf Tournament @ Mt Xavier Golf Course (selected students from Yr 4, 5 & 6)
- Week 4 Friday Oct 31st SFX Junior Sports Day (all students in F-2 + Yr 6 Sports Captains)
- Week 5 Wednesday Nov 5th Eureka Division Cricket @ Alfredton Reserve (selected students from Yr 5/6)

SFX Football Jumpers, Singlets & Netball dresses/bibs

If you have any SFX Football jumpers, singlets or netball dresses/bibs at home could you please return them to Mr Down or Mr Carroll or drop them into the office.

Have a great week.

Shaun Carroll, SFX Sport Coordinator

P&F News

- A big thank you to all of the families & businesses who donated items for Trivia night, it was a great night! Please show these businesses (listed on page 5) our thanks by supporting them in return.
- We are super excited to announce that COLOUR RUN is back for 2025 save the date: Friday
 14th November 2025 More details to come.....

• Uniform Shop

Our Second Hand Uniform shop is always open, please see the office staff if you wish to have a look at any items in our Second Hand Uniform shop, or reach out to a member of our P&F to help you with any of your Uniform needs

RYANS IGA COMMUNITY REWARDS Program

For the months of September & October 2025 – St Francis Xavier Primary School has been selected to participate in the **Ryan's IGA Community Rewards program** at the **Northway store** – corner Doveton & Norman St

If you are in the area, pop in and collect your groceries and put your tokens in our token box.



Hot Lunches

Please note, Flexischools have updated when you are placing your child's Lunch order, you are now able to select if your child has any allergies and it will print on your child's lunch bag label, we ask that you are selecting if they have any allergies as it makes it smoother process when it comes to packing lunch orders on a Friday. Also please note cut off for lunch orders is strictly 10am Thursday mornings. Thank you to our Co-ordinators & Volunteers who come and pack all of the children's lunch orders on a Friday!

• Zooper Doopers are back from this FRIDAY - \$1 each available at 2nd break

Please Support the Local Businesses That Support Our School!

Our school thrives thanks to the generosity and partnership of local businesses. Let's show our appreciation to these community champions by supporting them in return. Shop local, spread the word, and say thank you!













McGrath





















Faith communities of Ballan, Ballarat East, Bungaree, Buninyong, Clarkes Hill, Dunnstown, Gordon and Springbank

Ministry District Newsletter

Priests Frs Justin Driscoll & Shaiju Mathew Ballarat East Parish Cathy Prunty and Natalie Gleeson 0437 505 517

ballarateast@ballarat.catholic.org.au bungaree@ballarat.catholic.org.au gordon@ballarat.catholic.org.au

Tuesday - Friday gloo AM - 12:00PM

Our parishes are committed to the safety, wellbeing and dignity of all children, young people, and vulnerable adults

Child Safety Officers: Ballarat East Parish – Emily Clarke; Bungaree & Gordon Parishes – Cathy Prunty

27th Sunday in Ordinary Time - Year C 5th October,2025

<i>y</i>						
MINISTRY DISTRICT MASS TIMES						
Weekday Masses						
Tuesday October 7 th	9.30 am	St Alip	St Alipius' Ballarat East			
Wednesday October 8 th	11.00 am	Mercy P	Mercy Place (All Welcome)			
	9.30 am	St. Brendan's	St. Brendan's Dunnstown (Damascus)			
Thursday October 9 th	11.00 am	Mecwacar	Mecwacare Aged Care Canadian			
	11.00 am	St.	St. Brigid's Ballan			
Friday October 10 th	9.30am	Ballara	Ballarat East (SFX School)			
Triday October 10	9.30am	St Mi	St Michael's Bungaree			
Saturday October 11 th	9.30 am	St. Ali	oius' Ballarat East			
Weekend Masses						
Saturday October 11 th		Sunday October 12 th				
6.00 pm	Ballarat East	9.00 am	Buninyong			
	Danial at East	9.00 am	Bungaree			
6.30 pm	Springbank	10.30 am	Ballarat East			
	Springbank	.c.yo ani	Ballan			

WE ASK YOUR PRAYERS FOR:

THE FAITHFUL DEPARTED

Ben Melenhorst

THOSE WHOSE ANNIVERSARIES OCCUR AT THIS TIME

Mary Cooper, Henk de Jong, John Britt, Jim Field, Jan Quinlan, Thomas Davis, Des Shanahan, Anne Margaret Shell, Mary Wheelahan, Cornelius Mahar, Maureen Anne Mullane.

THOSE WHO ARE UNWELL

Irene D'Arcy Kathy Towns, Troy Watson (Steenhuis family), Elaine Conlan, Evelyn Farrugia, Patricia (Patty) Gannon, Michelle Hall, (baby) Mia Hanrahan, John Healy, Sarah McLachlan, Thelma Keating, Carole Simmons, Owen Widdison, Simon Murillo.

PARISH LEADERSHIP TEAMS

BALLARAT EAST PARISH:

Rose Consignado, Judith Glaubitz, Martin McGettigan, Dianne McKeegan, Claire Stewart.

BUNGAREE PARISH:

Damian Ryan & Chris Frawley (Bungaree), Barry Sheehan & Dianne Reynolds (Dunnstown), Dom Prendergast, Maurice Mahar & Marty Forbes (Clarkes Hill).

GORDON PARISH:

Sue Daly & Brendan Maher (Springbank), Joan Bourke & Shane Carey (Gordon), Mark Conlan & Jim Leahy (Ballan).

We acknowledge this land's traditional owners and custodians and pay our respects to their elders, past, present, and emerging.

COLLECTIONS

The figures below are for last weekend.

Supporting our priests: \$968

Supporting our parish: \$458.20

Thank you to all parishioners who contribute to our parish. Your generosity is appreciated.

PLANNED GIVING STATEMENTS

Planned Giving Statements and a Profit and Loss Statement along with a letter from our priests have been emailed out this week. If you didn't receive yours, you may find an envelope bearing your name at the rear of the church. We thank you for participating in this program.

DIOCESAN PRAYER CARDS

To celebrate our 150 years as a Diocese Bishop
Paul wrote a prayer which was available to all
parishioners. This prayer has been edited recently
and can be used at all times. Prayer cards
containing the Diocesan Prayer are available in
church foyers. Please take a copy if you would
like one.

FURNITURE FREE TO A GOOD HOME

There are still a variety of pieces of furniture available for anyone who may be interested. Please contact the parish during office hours if you would like to see what is available.

DIOCESAN E-NEWS

The latest edition of e-News has been published and is available to view

at https://mailchi.mp/322993dae638/edition-119february-15-14196755?e=a71230e294 or click or scan the QR code. You can also view this edition at https://www.ballarat.catholic.org.au/newsevents/e-news/ or you can subscribe on this page to receive future editions straight to your email address.

FINAL DAY OF SEASON OF CREATION – OCTOBER 4, 2025

October 4, the feast of St Francis of Assisi, marks the formal closing of the 2025 Season of Creation. St Francis's great love of God's Creation, commitment to peace, global popularity and ecumenical and interfaith importance all combine to make him an important inspiration for the Season of Creation, one capable of keeping its focus and energy dynamic through the rest of the year.

INVITATION TO YCW GATHERING

In recognition of 100 years since Cardinal Joseph Cardijn began the Young Christian Workers (YCW) movement, Mass will be celebrated on Sunday October 19 2025, at St Columba's Church (802 Lydiard Street), Ballarat North at 11.30am. Lunch will follow at the Golf House Hotel, 920 Doveton Street Nth, Ballarat at 1.00pm. Please accept this invitation and offer it to anyone you know who has been involved in past YCW actions and notify one of the following of your intended attendance. RSVP by the end of September for catering purposes: Gerry Donovan 0409 861063, Denise Bertram 0417 502246, Larry Walsh 0417 534936, Colin Lynch 0417 681095, Gerald Madden 0429 606204 or Dave Preston 0419 134562.

ST BRENDAN'S PROGRAM OPENING MASS – TERM 4

Thursday 9th October 2025 at 9.30am
Please accept our invitation and join us for the
Opening Mass with our new term 4 students.
Celebrant: Fr Justin Driscoll, St Brendan's Church, 1
Ti Tree Rd, Dunnstown.

SATURDAY NIGHT MASS TIME

Please note that this weekend is the first Saturday back at 6pm Vigil Mass at St. Alipius.

RCIA UPDATE

Dallas Wilkinson provides the first update RCIA Update following the 3rd Inquirer's meeting on September 24th.

We introduced the bible, its history and presented the key elements of Salvation History. The content was really well received by inquirers and the team. Our next meeting will be at 6.3opm on Wednesday 8th October at the Ballarat East Parish Hub. Our next meeting will involve Inquirers and their sponsors and prepare for the Rite of Welcome to be held on Sunday October 12th at both St Alipius Ballarat East and St Brigid's Ballan.

LITURGY ROSTERS

Liturgy Rosters for St. Alipius' Church were distributed during the week. If you did not receive yours there are copies available at the PPT/Sound desk for you to collect. We thank all who provide ministry regularly in our parish and ask that you contact the parish office if you would like to be included on the roster.

CHURCH JUBILEE CELEBRATIONS

SACRED HEART CHURCH CULGOA 100 YEARS: OCTOBER 19, 2025

You are invited to a celebration of 100 years of the Sacred Heart Church, Culgoa. Mass will be celebrated on Sunday, October 19, 2025 at 1.00pm, followed by afternoon tea and a historical display in the Hall. Please RSVP by October 10 to Chris Sewell, ph. 0439 972305 or

email sewell.christine@activ8.net.au

ST JOSEPH'S CHARLTON 140TH ANNIVERSARY: OCTOBER 26, 2025

On Sunday, October 26, 2025 St Joseph's Charlton, now part of East Wimmera Parish, will celebrate 140 years since its establishment as a parish. Following 10.30am Mass at St Joseph's, there will be a luncheon for attendees. The first Catholic Church in Charlton was built in 1875. In 1885 the Charlton Mission was established and St Joseph's became a parish. St Joseph's continued as a separate parish until 2018 when the Catholic parishes communities of Wycheproof, Nullawil, Birchip, Donald, Charlton, Wedderburn, Boort, St Arnaud and Banyena, combined to create a new parish, now called East Wimmera Parish. Please RSVP for catering purposes to Sandra, ph. 0407 320 633.

OUR LADY HELP OF CHRISTIANS CHURCH, WARRNAMBOOL EAST – NOVEMBER 8, 2025

Our Lady Help of Christian Church, East
Warrnambool will be celebrating the 50th
anniversary of its opening on November 8, 2025. We
invite you to come along and share a story or
two. Tell us of your involvement and what this
community means to you.

For further information please contact the Star of the Sea Parish, South West Coast, ph. 03 5562 2231 and someone from the Jubilee group will get back to you.

MOWING ROSTER

At the Parish Council Meeting on Thursday, it was decided to have a roster for the mowing of the lawns around the church grounds and parish hub. If you would like to be on the roster, please contact the parish office. We would hope that you would only be required to mow two or three times a year. For the gardeners out there, we would also love to hear from you.

OCTOBER DATES

Wednesday 8th

7.30am Ballarat East Finance Council meets 5.30pm Gordon Parish Leadership team meets 6.30pm RCIA Inquirers gathering

Thursday 9th

9.30am Mass @ Dunnstown with Damascus

Friday 10th

9.30am Mass @ St Alipius with SFX Villa Maria

Thursday 16th

6.3opm Ballarat East Parish Pastoral Council

Saturday 18th

Bungaree Parish Annual General Meeting after 6.3opm Vigil Mass at Dunnstown

Tuesday 28th

5.00pm Mass at the Cathedral for clergy jubilees - Bishop Paul, Frs. Eugene McKinnon & Wally Tudor

MELBOURNE CUP LUNCHEON

It is that time of the year again and we are planning our Melbourne Cup Luncheon. You are invited to join us for lunch on Tuesday 4 November from 11 AM at Ss Peter and Paul's Hall Buninyong. Tickets are \$25 per person. Lunch of chicken, salad and dessert will be supplied. BYO alcohol. Soft drinks will be supplied. Please confirm numbers with the parish office by 31 October. Prizes for the best male and female fascinators. Sweeps will be available. If anyone can bring a salad or a dessert, please contact the parish office.

BALLARAT CANDLELIGHT VIGIL

Common Grace and the Australian Churches Refugee Taskforce are calling on communities across Australia to join together in a movement of prayer to #EndTheWaiting for thousands of people who asylum in Australia and yet after more than 12 years, still have no certainty. The Vigil is a tangible way for our community to be involved and show support. All are very welcome. The Candlelight Vigil will be held on Wednesday, October 8, 2025 at 7.00pm at Queen Victoria Square, Sturt Street Gardens, opposite Ballarat Town Hall. Bring a candle or torch. Enquiries to Margaret via rarballarat@gmail.com

A Little Fidelity or Faithfulness Goes a Long Way

Reflection on the Gospel-27th Sunday in Ordinary Time C (Luke 17: 5-10) Veronica Lawson RSM

Extreme weather events keep testing the faith of those whose lives have already been affected by devastating flood waters and/or fires. They are testing the faith of those who have devoted their energy to speaking truth to power about the need for action to mitigate the effects of climate change. The strength to remain faithful in the face of adversity, the capacity to forgive, and the courage to do what we ought to do without seeking recognition or reward are perennial challenges for most people. And yet so many remain steadfast, finding the strength to forgive those who fail to listen and the courage to do what must be done for the sake of our common home.

Today's gospel reading brings to closure the central section of the long journey narrative that recounts the teaching of the Lukan Jesus on his way from Samaria to Jerusalem. The "apostles" ask Jesus to increase their faith. Their request is in itself an act of faith. Jesus has been telling them to be on their guard. He has been emphasising the importance of endless and unconditional forgiveness. These disciples are well aware that to keep on forgiving those who offend repeatedly is not easy: it is in this context that they ask him to increase their faith. Jesus responds by insisting that even the smallest amount of faith can work wonders. His metaphorical language stretches imagination. Even transplanting a mulberry tree from land to sea becomes possible through the power of a faith-infused word! They have no answer to this.

THIS WEEK'S READINGS

Twenty-Seventh Sunday in Ordinary Time Habakkuk: 1:2-3, 2:2-4 2 Timothy 1: 6-8, 13-14 Gospel: Luke 17:5-10 Luke seems to be invoking "faith" in much the same way as does Habakkuk in today's first reading which closes with a comparison between the proud whose "spirit is not right" and the just who "live by faith" (Hab. 2:4). The Hebrew word for "faith" in this passage is probably better translated as "fidelity" or "faithfulness". For the Lukan Jesus, a little fidelity or faithfulness goes a long way. Among other things, it enables us to keep on forgiving even wilful ignorance and to keep on acting for justice.

Finally, Jesus puts a number of questions to his disciples, questions that align their status with that of slaves in the service of a master. His questions provide a stark contrast with an example he has offered earlier in the gospel where the slave master serves the faithful slaves (12:37). These questions are consistent, however, with his insistence that true disciples do not seek the reward of honour or recompense for their service. Jesus' followers must admit that their service is "unprofitable" in that it is no more than is required of them. Power, status, wealth acquired at the expense of others, refusal to forgive, all run counter to the path of gospel fidelity. To live by faith in our times is to be humble, forgiving, just and unremittingly attentive to the cry of the earth: some thoughts to take with us from Season of Creation 2025.

NEXT WEEK'S READINGS

Twenty-Eighth Sunday in Ordinary Time

2 Kings: 5:14-17

2 Timothy 2:8-13

Gospel: Luke: 17:5-10

ASSEMBLY AWARDS 19th September Hosted by FBOK Theme: Respect

Respect means considering the feelings and wishes of others, respecting myself and caring for all of creation.

We show respect because Jesus shows us that everyone is important and because our world needs our care.

FLP	Harry Carter and Shirley Dorning		Harper Phelan and Myah Rivett Flynn McKay (from last week)
FGJ	J Amelia Whykes and Arthur Latchford		Sophie Olechnowicz and Edie Brennan
FBO'K	K Winston Broadbent and Ollie Quinlan		Jagger Van Langevelde & Charlotte Porter
FTW	TW Joe White and Maya Ryan		Grace Hocking and Jet Rivett
1JS	Sophia Sammi & Callum Purtell		Emily Bone & Ella Uljanic
1EM	Lachie Skewes and Harper Gilbertson		Emily Crough and Finya Najera-Hinko
1GT	Shayenka Gunetileke and Finn Sutcliffe	6PB	Amelia Sordello and Noah Chibnall
2RR	Alfie Waldron and Harriet Howard	6ZA	Issy Slater & Jed Hynes
2MH	H Patrick Lenaghan and Billie Dodd		Murphy Noonan and Sophie White
2TS	Elliot Fulcher and Penny Carrick	EE	Mila Quandt, Matilda Bell and Paityn Grant (Yr 3)
3LL	Oskar Olszewski & Rory Dunne	PA	
3JT	T Harvey Kersley and Paddy Quinlan		Ivy Dorning, Matilda Bell & Jimmy Faull (3LL)
3DG	Finn Burbidge and Lachlan Purtell	PE	
		Tch	

Principals Award: Bridie Millington for being brave enough to use her voice when she could see that something wrong was happening on the yard.



AUSSIE HOOPS



FREE 'Come & Try" Session

Aussie Hoops session for all girls aged 4–9

Fun, beginner-friendly basketball activities to build skills and confidence

Choose one of two sessions!
Tuesday 14th Oct, 4:30 - Phoenix College
Wednesday 15th Oct, 4pm - Selkirk Stadium

Spots are limited – register now to secure your place!





creativeconnectionsartsandwellbeing.com



What is LEGO®-based therapy? LEGO®-based therapy is a fun, structured program where children work together using LEGO® bricks to build social and emotional skills. In each session, they take on roles—like Supervisor, Engineer, Supplier, and Builder—to complete a shared model. This builds communication, turntaking, teamwork, and confidence in a relaxed, play-based environment.

Who are the sessions for? Our sessions are ideal for children aged 5 to 12 who would benefit from developing their social communication, emotional regulation, or confidence. They are suitable for all children, including those who are neurodivergent, shy, anxious, or accessing the NDIS.

Do you have teen and adult classes? Absolutely! We're planning a Monday night class for adults and hope to offer dedicated teen sessions too. If you're interested, please express interest via our online form.

Can we join mid-term? Yes! If there's space available, we're happy to welcome new participants partway through the term. Just check our current listings or get in touch.

Have more questions?

We'd love to hear from you!

Email: creativeconnectionswellbeing@gmail.com Facebook: Creative Connections Arts & Wellbeing

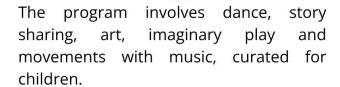
Instagram: @creativeconnectionswellbeing @lego based therapy ballarat



Tanzpro

Biodanza (Dance of Life) for Children With LiZ

Contact us to book a FREE Come & Try session



TANZPRO is an evidence-based program that supports children developmentally with emotional regulation, empathy, relaxation, self esteem and increased skills in communication and confidence, in a fun and engaging way.

Children will develop an awareness of self-perception, growing their identity and developing their self-confidence. They will learn to express their potential, have courage to take risks through creativity, respect each other and feel cared for.

This course encourages pathways to developing empathy which is a fundamental skill to foster lifelong healthy relationships.





When and where

FREE COME & TRY sessions
Tuesday afternoons
7 October | 14 October

6-12 year olds: 4.00 pm - 5.30 pm

Contact us with expressions of interest for 3-6 year olds

To register, please visit: ballarateastnh.org.au/classes/tanzpro

or call: 0422 612 052

or email: reception@ballarateastnh.org.au



BASKETBALL PROGRAMS TERM 4

Aussie Hoops (4 - 11 years old)

Flagship introductory basketball program teaching fundamentals and confidence

All Abilities Hoops (5 - 18 years old)

Basketball development program for children living with disability

Next Level (10 - 15 years old)

Aimed at domestic players looking to learn new concepts and build on skills

Scan here for more info